## MUSKAN FOUNDATION FOR PEOPLE WITH MULTIPLE DISABILITIES



#### MONTHLY NEWSLETTER

#### NOVEMBER 2019 EDITION

#### Our Vision

### Our Mission

Every child with multiple disabilities should be able to live an independent, confident and happy life. To maximize the potential of children with multiple disabilities, by providing a nurturing environment, that offers customized , comprehensive and cost effective services and equips parents with the knowledge and confidence to sustain the child's development.

#### Social Statement

Muskan foundation addresses the lack of services, awareness and support that hamper mainstream opportunities for children with multiple disabilities with visual impairment (MDVI).

### **NEWS AND UPDATE**

## SBI Life presented Mrs. Dipti Gandhi's story for their Children's Day documentary

Every year SBI Life glorifies real super heroes to inspire world with their journey. This year we feel honoured as Mrs. Dipti Gandhi, Founder and Director of Muskan Foundation for People with multiple disabilities was selected as a superhero for this year. On 6th November 2019, SBI Life organised the shooting at our Bandra center.

They shared her journey and her struggle which she went through to serve children with multiple disabilities.

Even though her daily routine comprises of stress and struggles but her smile and will to work hard for the cause she believes in, is inspiring.

We are grateful to SBI Life for making such a inspiring documentary and for making our founder and children heroes for the world. Please find the link below :

https://www.youtube.com/watch? v=szXpxSWqIIU&feature=share&fbclid=IwARo A\_S9YvWwPJmhdwHhUQzvsb9xXU20nv5XbW JHoALIOjHoZWKqD-iWt1CM



#### Children's day celebration with Transparent Value Pvt. Ltd.

Every child is special and unique and so are their aspirations and dreams. We at Muskan, work hard so that we can help our children to achieve what they dream of. The support of our CSR partners get us closer to achieving our goal. Our CSR partners invest their precious time for our children and one such generous donor is Transparent Value Pvt. Ltd. whose team added an extra charm by celebrating children's day with us. They learnt about the language, braille and sign participated with them in fancy dress competition.We celebrated Children's day with utmost excitement and enthusiasm.



#### Muskan welcomed it's students after Diwali Break

Charm of any school is its children, their presence makes school more lively.After a long Diwali break, Muskan finally welcomed all the students with a huge muskan. It was such a pleasure and all our hearts were filled with joy to see and meet our children after a long break.





### "Be the change" conference attended by Mrs. Dipti Gandhi

Our Founder and Director, Mrs.Dipti Gandhi, attended "Be the change" conference. The conference was about prioritising Mental Health in Education domain. It was very interactive and a great opportunity for networking. There were speaker sessions by eminent educationist and beneficiaries. There was a panel discussion which was very informative. Students of Aditya Birla World Academy performed street play and gave a band performance.



#### Teachers attended workshop on Learning Disabilities



An investment in knowledge pays the best interest. Hence Muskan never leaves a chance to send our teachers to various workshops and seminars. On 23rd November 2019, Muskan sent its 4 teachers for the training workshop on Learning Disabilities conducted by Umeed Training Center. It taught different strategies which could be used by our teacher while teaching our children.

#### Funday celebration at MIG club

We at Muskan have dedicated a day for our team wherein all of us come together and re-energize themselves. It is a fun day where we play games, enjoy music and have lunch together. This year we celebrated our funday on 29th November 2019 at MIG club. All of us enjoyed a lot by playing games like dupatta tying, housie and musical chairs. Dancing together added to the fun. All in all it was a fun filled day.





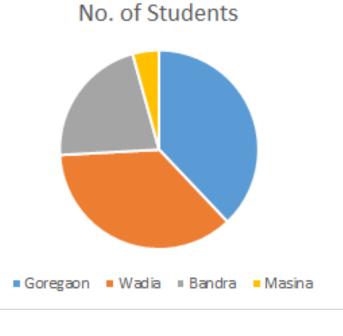
### SOP training conducted by our C.O.O., Madhavi J Talekar.

We believe that with constant training team works better and aligned to the goal of the foundation. To bring uniformity and clarification in the procedure of the day to day activities, we have created Standard Operating Procedures (SOPs). The training was conducted on 30th November 2019, by our C.O.O. Ms. Madhavi J Talekar, who explained SOPs for special education and how it should be followed in Muskan. The teachers learnt why each step is important and how they can perform efficiently by using the right procedure.



#### **OUR STATISTICS**

We pledge that together we shall bring that muskan and last month we were able to bring a smile to 116 children.



Centers	No. of Students
Goregaon	44
Wadia	42
Bandra	25
Masina	5
Total	116

# November is National Epilepsy Awareness Month!

Epilepsy is a central nervous system (neurological) disorder in which brain activity becomes abnormal, causing seizures or periods of unusual behavior, sensations, and sometimes loss of awareness.

## Facts you need to know about Epilepsy!!

- Epilepsy can affect anyone with a brain.
- Each year 150,000 more people are diagnosed with epilepsy.
- Over a lifetime, one in 10 people will have a seizure, and one in 26 will develop epilepsy.
- All seizure have different manifestation like falling down or froth coming out of mouth. Sometimes it could be twitching eyes, upward rolling of eyes.
- Never miss epilepsy medication or change /stop the medication without consulting neurologist.

# How Easy It Is To Help Someone Having A Seizure

## Seizure First Aid is simple - Three Ss: Stay, Safe,

Side.

- STAY with the person and start timing the seizure. Remain calm and check for medical ID.
- Keep the person SAFE. Move or guide away from harmful objects.
- Turn the person onto their SIDE if they are not awake and aware.
- Don't block airway, put something small and soft under the head, loosen tight clothes around neck.
- Do NOT put anything in their mouth. Don't give water, pills or food until the person is awake.
- STAY with them until they are awake and alert after the seizure. Most seizures end in a few minutes.

Source: Epilepsy Foundation



Cushion head, remove glasses



Loosen tight clothing



Don't put anything in mouth

## HELP US CHANGE A STORY

Your contribution can change the dreams of our children to reality.

Help them in various ways:

- Sponsor the education of a child in need
- Sponsor for therapies of the children in need
- Sponsor our events.
- Sponsor for the latest equipment and infrastructure facilities
- Volunteer for Muskan



## Contact us at:

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