

MUSKAN FOUNDATION FOR PEOPLE WITH MULTIPLE DISABILITIES



Monthly News Letter

February 2022 Edition

Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

NEWS & UPDATE

Theatre workshop

Muskan Foundation in association with Create foundation conducted an online theatre workshop. It was aimed at introducing the students at Muskan to a new facet of life. The workshop enabled the students in motor skills and cognition skills which enabled them to discover the medium of expression.



Throughout the workshop, the activities conducted were designed to engage students to interact, to emote via medium of storytelling and voice modulation to guide and enhance their imagination in terms of approaching life in general and work on their way of expression inclusive of their movement.



The workshop was a learning experience for the teachers at Muskan as the techniques used for storytelling pertaining to eye contact & voice modulation, variation (tone, volume, and speed), facial expressions, movement, dramatic pauses (to think critically) selection of story (theme, length, language, and vocabulary) were truly helpful and fulfilled.

Open House

The Open House was held at Muskan Goregaon on 5th February 2022. The parents were mindfully engaged in the development of their children and tried to find time to be present to learn about their child's difficulties and advancements. Thus, at the open house, respective teachers associated with the child updated the parents regarding the conduct and progress of the child and shared their report cards.

Staff Picnic to Visava Water Park

The staff members of Muskan Foundation went on a picnic to Visava Resort on 25th February 2022, located at Panvel. Apart from relaxation and enjoyment the picnic also aimed at building up team spirit among the members of the staff. The journey to the resort was an enjoyable one, both due to the exquisite scenery on the way to the resort and the singing on the bus. After breakfast, the staff gathered for a group photo and then headed towards the waterpark to have the fun of the day. After enjoying the rain dance, different slides, most of the staff members entered the pool and played dances and games. The rest of the staff relaxed by the pool spending time on the premises of the resort. Lunch was a welcome diversion. Post-lunch, the entire group met again in the garden area to indulge in games and photo sessions. The picnic helped to refresh themselves after the long effect of Covid-19.



Childhood Epilepsy – Identification & Management

The training on Childhood Epilepsy- Identification and Management was hosted by CRC Devanagari for the teachers. It allowed an opportunity for them to gain the right information and helped them to eradicate their beliefs and their interpretation regarding Epilepsy in general and thus mitigating circumstances for the children.



Self-regulation, Sensory processing- Foundation to Function



Dr. Rucha Thorat hosted a webinar for the teachers at Muskan, The topic of the webinar was "Self-regulation, sensory processing, foundation to function."

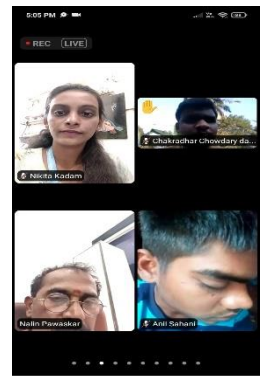
The purpose of the training was to make the teachers

at Muskan aware of the science behind the behaviour of an ASD child and other children who face issues regarding sensory processing.

Dr. Rucha explained self-regulation and how it differs for children with ASD from others. She explained how to understand a child's ability to respond, behave and react. She further explained that arousal depends on cognition, emotion, and sensory development. The teachers could visualize the adaptations they could make for the students with ASD to implement in their programs. As Dr. Rucha explained why overstimulation can cause difficulty in sensory processing for the children with ASD they could relate and understand the reason the children with ASD avoid eye contact and how allowing them to be themselves so that they can focus and learn better adheres to their sensory needs.

The Challenges faced by physically and mentally challenged people acquiring UDID Card- Eye Way Organization.

On the 4th of March, 2022, Eye Way hosted an online seminar which was attended by the social workers of Muskan Foundation. People from all over India attended the seminar, which was hosted on zoom for two hours forty-five minutes. The people with multiple disabilities who attended the seminar narrated the difficulties they faced while acquiring the UDID card for themselves. The organizers spoke about the issues they have identified about obtaining UDID cards and, explained the technical, informative assistance that they have designed, which can be availed by people with disabilities just by accessing their following toll-free number, **800 53 20469**. The generation of UDID cards mitigates the issues of carrying and maintaining multiple copies of documents with a built smart chip that can be decoded with a reader.



Special education

Name of student: Viraj (Name Changed)

Age: 3.5 years

Disability: Visual Impairment with Global Delayed Development

Area of Development: Socialization.

Progress:

- Viraj was introduced to jigsaw flower making, stacking ring stand, pulling and joining pipes, transferring marbles in a box. He was taught turn-taking during an activity when in a group.
- Viraj was able to function and engage in activities with positive reinforcement. He was able to sustain activities with the teacher's verbal and physical assistance.
- He started enjoying passing the ball and slowly Veer was introduced to participate in playing in a group.

Therapies and Activities

Occupational Therapy

Name of the student: Aman Mohammad (Name Changed) **Age of the student:** 7 years

Disability: Visual impairment And Attention deficit hyperactivity disorder

The current level of the child: Is able to sit with the group for a long time and learned to engage in a group.

<p>Goal/program for the next month:</p> <ul style="list-style-type: none"> • Child should follow two-step commands. • Establish 3 Jaw chuck. • Reduce gravitational insecurity (get comfortable with climbing on ladder) • Increase unsupervised sitting tolerance. 	<p>Suggestion for teacher/parent:</p> <ul style="list-style-type: none"> • Encourage garden play (climbing ladder, playing in the sand) • Always give small commands for tasks. • Engage him with numerical counting when asked/ demands for things.
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Remark: **To Climb up on the stool with maximum support but wait for 10 counts.**

Physiotherapy

Name of the Student: Chitra Jain

Disability: Cerebral palsy- Hemiplegia **Areas of concern-** Global developmental delay Physiotherapy

Goal- Transitions, independent standing, and walking



<p>When Chirag came for assessment</p> <ol style="list-style-type: none"> 1. Was unable to perform floor-to-stand transition independently. 2. Was unable to stand unsupported for more than a few seconds. 3. Had poor static and dynamic balance in standing. 4. Didn't have controlled independent walking and Tried to chase gravity. 5. Looked for support after 6-8 steps. 	<p>With a regular Physiotherapy program, Chirag is now</p> <ol style="list-style-type: none"> 1. Performing, floor to standing up transition independently. 2. Standing independently for 30 seconds. 3. Has decreased speed of walking. Walks independently for at least 10-12 steps before looking for support. 4. Increased use of the left hand.
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Parental Guidance: Home program techniques and frequency has been explained and taught to the mother. Handling Special Children techniques were taught. The importance of splints need for Botox, the importance of increasing time in the standing position were explained. Encouraging Chirag to use the left hand was suggested.

HELP US CHANGE A STORY

Ashish (name changed) who is visually challenged and even has a disordered fluency has been with Muskan Foundation since July 2021. He is a very jovial child who has a transmissible smile as he spends his day at school. Ashish has been able to move into the school with minimal supervision as well as has worked on his speech. The students of Muskan Foundation need attention and patience and all the members of the team mutually coordinate to provide it for them with the help and support of their parents.

The improvement in the child acts as a motivation to the parent. Muskan Foundation, through its services, touches the lives of many families who are curious to learn, regarding the means with which they can help and empower their children.



Muskan Foundation needs your support to counter the impact of a pandemic on the low-income group families who have lost their source of income and they need help to support their children with multiple disabilities.

You can support the Special Education Program of children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following requirements.

Support one therapy session	Rs. 400
Support therapy assessment of one child	Rs. 1000
Support monthly therapies of one child with a disability for one month	Rs. 7200
Support a special education of one child with a disability for one month	Rs. 8000

CLICK ON: <https://rzp.io/l/Vr7KhNQ>

Help us to spread Muskan on our children's faces. Donate Now.

-----We are at-----

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