

MUSKAN FOUNDATION FOR PEOPLE WITH MULTIPLE DISABILITIES



Monthly News Letter

April 2022 Edition

Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

NEWS & UPDATE

World Autism Awareness Day

4th April 2022, World Autism Awareness Day was celebrated at Muskan Foundation. Muskan Foundation had organized an awareness program for parents in collaboration with the Occupational, Speech & Language, and Physiotherapy departments of BJ Wadia Hospital & Masina Hospital. The objective of the session was to share crucial information catering to the developmental needs and challenges people under Autism Spectrum Disorder face & discuss queries of parents.





As part of the Autism Awareness, Muskan Foundation collaborated with the Indian Academy of Pediatrics, Mumbai to empower parents at our Bandra center. Dr. Amruta Shirodkar and Dr. Pranjal Sathe Kale addressed the parents and shared the

importance and role of acceptance by parents towards their child with special needs & the need to provide special services at the right time.

Second Semester examination and Open House

The 2nd Semester exams for students were conducted in the month of April at all our centers.



The exams were conducted in line with each child's IEP and evaluated and respective progress reports made for each child by the teacher.



On 23rd April 2022, Muskan Foundation had an open day in all respective centers where teachers shared the evaluated report cards and briefed the parents about their child's progress. Parents discussed the positive feedback about the child's progressing conduct at home. The teachers briefly discussed next year's goals for the child, with the parents.

Community Health Workers Meeting

ASHA workers, known to be community health workers visited Muskan on the 12th of April, 2022 visited Goregaon center. Social workers at Muskan gave an orientation about Muskan's vision & mission & the functioning of the program & services offered at Muskan to the ASHA workers. This would help them spread awareness in the communities & will result in early identification and can facilitate communication between the social workers of Muskan and ASHA

workers to then promptly facilitate timely intervention for the child, by enrolling the child at Muskan to Support the child's special needs.

Visit by students from SOPAN

12 Students studying B.Ed in ASD, from SOPAN visited Muskan Foundation on 22nd April, 2022. On account of advocacy and awareness, Muskan extends its reach by providing center visits to students which serve the purpose of engagement and sensitizing students with the practical knowledge of how their training and education will serve purposeful programs. The students were briefed about the services provided at Muskan and given an orientation of the center. Muskan Foundation collaborates with other organizations in the disability field through such activities.

Commonwealth Award

On 17th April, 2022, Muskan Foundation received an award for the Best Special Education school of the year, presented by Common Wealth Society for innovation and research. It was a feeling of fulfilment for Muskan to witness the need of special schools get rewarded and recognised. This thereby would promote awareness, acceptance and quality of life to the future generations by creating an inclusive environment.



Pretend Play House Inauguration



Muskan inaugurated a pretend play house in collaboration with SBI Life at Goregaon Center. Pretend play activities enable children with multiple disabilities to engage in roleplay.

The pretend play house helps children with multiple disabilities by enhancing opportunities for language development, peer interaction, and communication skills. The interiors of the house

are child-friendly, tactile & provides maximum exploration for the child.

Gudi Padwa Celebration

Gudi padwa was celebrated at Muskan Foundation's centers with all the festivities. The various concepts associated with the festival were taught to all children through various activities. They understood the concept and followed all the rituals with enthusiasm. Children actively participated in the celebrations.



Summer Party



The students went on their summer holidays after having celebrated Summer party at respective centers. The teachers had planned and arranged games for the students. The students were also given snacks by Muskan Foundation. The children were explained the concept of the summer season, from climate to food and what changes they and their parents require to make to during the season.

Teachers Presentations

Staff capacity building and peer learning for special educators is conducted every term at Muskan. This is part of learning for the special educators. Such group presentations provide opportunities to learn and share knowledge. It also helps build their confidence in presenting in a group.



A total of 9 groups presented different topics related to disability laws and intervention strategies.

Experience Sharing and Review Meeting



The Annual Experience Sharing Review Meeting (ESRM) was held at Muskan Foundation where all the teachers and para-professionals presented their work done, achievements, and challenges faced through the year in front of the admin team. The presence of our Founder, CEO Mrs. Dipti

Gandhi added value to the meeting as there were many learning and sharing instances.

Muskan Gupshup

Muskan Gupshap was conducted on 27th April, it's a platform for all staff to share their queries without any bias. The announcement of new upcoming center at Panvel was done. Special educators aspiring and upgrading their academic qualifications were appreciated and congratulated.



Case Study of the month

Name of the student: Falguni Ahmed

Disability:- Intellectual Impairment

Age: 10 years

Area: Communication and Socialization

Progress:

Session 1: At school amongst her classmates, Falguni was addressed and shown how to greet her teacher, respond to the greeting she would receive. With a combination of physical and verbal prompt, Falguni was shown how to wave respond by pointing out.

Session 2: Gradually Falguni was given time to assimilate the instructions after constant alternative repetitions of how to respond and communicate during the sessions. Falguni started responding to verbal prompts and actively communicated with her teacher.

End of month: Falguni could respond to two-word instructions and could communicate with minimal response and by pointing out. Falguni acknowledged her teacher's greetings & followed-through instructions when she was asked to wait while turn-taking, she could sustain her attention for up to 10 minutes using one-word re-enforcing instructions from her teacher.

Therapies and Activities

Occupational Therapy

Name of the Student: Rohan Parekh

Disability: Autism Spectrum Disorder

Areas of concern: Sensory-motor

Goal: Overcome restlessness, reduce finger fidgeting, improve cognition, Reduce gravitational insecurity

When Rohan came for assessment,	With regular Occupational Therapy Rohan now,
1) Was very restless 2) Was unable to sit in one place 3) Frequently kept fidgeting finger	1) Improved on his eye contact 2) Comfortably engaged in performing activities that require standing & walking on different heights. 3) Follows basic 1-word commands 4) Does supervise waiting 5) Reduced a little tendency to finger fidget.

Parental Guidance: With supervision and short instructions allot short duration activities for Rohan & patiently wait for a response.

Vision Rehabilitation Program

Name of the student: Sharvi Sagar

Disability- Vision Impairment

Area of concern – Left field Loss

Visual goal - Tracking and Scanning

<p>When Sharvi came for an assessment,</p> <ol style="list-style-type: none">1. She was unable to track and scan2. Since birth has nystagmus movement and has no social interaction3. She was not using her hands during activities	<p>With a regular vision rehabilitation program, Sharvi is now,</p> <ol style="list-style-type: none">1. Able to track and scan with contrast sheet2. She could identify all basic charts for eg: Circle, sleeping line, standing line, and square3. She could identify the red color and has improved on social interaction.
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Parental Guidance: Mother has been informed about methods to conduct activities and precautions to be taken.

HELP US CHANGE A STORY

Aneesh Ahuja (name changed) a 6-year-old has ADHD. He has enrolled for Special Education at Muskan Foundation. Aneesh in the initial sessions at school could write all the alphabets in big font size on his slate. Gradually Aneesh's teacher planned for him to be able to read and write 2 alphabetical words for the month.

With intervention techniques, Aneesh started writing 2 alphabetical words in a regular font size, he even separated two words with a line.

Gradually by the end of the month Aneesh started writing 2 alphabetical words through dictation. With minimal verbal prompts from his teacher, Aneesh started greeting teachers and other children at school with a friendly salutation saying, "Hi- Bye", with whom he became familiar.

Aneesh started understanding the difference between when to say "Sorry" & "Thank you".

The improvement in the child acts as a motivation to the parents. Muskan Foundation aims to touch the lives of maximum children with disabilities and provide required support and assistance for a child's growth.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request to support the Special Education Program of children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following requirements.

Support one therapy session	Rs. 400
Support therapy assessment of one child	Rs. 1000
Support monthly therapies of one child with a disability for one month	Rs. 7200
Support a special education of one child with a disability for one month	Rs. 8000

CLICK ON: <https://rzp.io/l/Vr7KhNQ>

**Help us to spread Muskan on our children's faces.
Donate Now**

----- We are at -----

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