# MUSKAN FOUNDATION FOR PEOPLE WITH MULTIPLE DISABILITIES



# **Monthly Newsletter**

# **August Edition 2022**

#### **Our Vision**

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

### **Our Mission**

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

#### **NEWS & UPDATE**

#### **Rakshabandhan Celebration**

Doctors as medical practitioners have proved themselves as the warriors and saviors of mankind! To celebrate the bond of protection & our National Festival on 10<sup>th</sup> August our students at Muskan Foundation's Panvel center celebrated Rakshabandhan by tying Rakhi to the doctors at MGM Hospital, Panvel thus acknowledging and appreciating their work as those who strive for our "Raksha". The students were guided by the special educators and the doctors were oriented to the services provided by Muskan Foundation.



On account of Rakshabandhan all centers of Muskan Foundation conducted awareness drives at primary schools close to their existing centers at Bandra, Goregaon, Byculla and Parel. The advocacy program focused on orienting the 4<sup>th</sup> grade students and staff of respective schools about children with special needs. "They are just like you. They use adaptations to see better and communicate better." As part of Rakshabandhan celebrations, opportunities were created for children to interact thus paving the path toward an inclusive society. The special educators of Muskan Foundation acted as facilitators in enabling the same.

## **Independence Day Celebration**



We celebrated the 75th Independence day at Muskan Foundation with children and their parents across all centers of Muskan Foundation. Children were oriented about the significance of celebrations & given chance to participate in every step of the celebration, with patriotic songs and national anthem sung in sign language, the special educators at Muskan Foundation helped children to experience the

rejoicing feeling they will live with for years to come.

### **Janmashtami Celebration**

We celebrated Janmashtami at Muskan Foundation with children & their parents across all centers of Muskan Foundation. Children were oriented toward spiritual growth, celebration, and togetherness. Children dressed in traditional ethnic outfits were an amusing change to the routine schooling. Muskan Foundation encourages educating students in an inclusive social setup.



## **Advisory Committee Meeting**



On 21<sup>st</sup> August we welcomed experts with diversified work experience & mutual interest and concern for Muskan Foundation's mission to come on board to be members of the Advisory Committee for Muskan Foundation. Our Founder, CEO Mrs. Dipti Gandhi, COO, and Trustees, met with

the Advisory committee members to commence facilitating assistance for the functioning of Muskan Foundation.

#### **Ganesh Chaturthi Celebration**

We celebrated Ganesh Chaturthi at all centers of Muskan Foundation, with children & their parents. Children & centers of Muskan Foundation made their own Ganesh Murti, celebrating Ganesh Utsav with our children & our parents brought a sense of elated joy. Children were oriented with all aspects of celebration & rituals. Educating children through celebrations & creating memories of joy & inclusion facilitates our vision.



# Case study of the month

Name of the Student: Vashisht Sahani
Disability: Autism Spectrum Disorder

Age of the child: 4 years

Area of development: Cognition

**Goal of the month:** Vashisht will be able to identify hands and fingers through the

teacher's verbal prompting.

Materials: Pitures.

**Beginning of the month:** The teacher used visual aids like picture of fingers & hands to show him and strengthen procedural memory. Gradually teachers also introduced him to "body parts" songs, encouraging him to sing by singing themselves. The teacher asked him to show his hand & fingers with a verbal prompt. With a scheduled routine, Vashisht was shown visual aids and encouraged to identify.

**End of the month:** Now he is showing his hand & fingers when the teacher asks him to show them.

## **Therapies and Activities**

## **Occupational Therapy**

Name of the child: Ronit Parashar

Disability: Fragile X syndrome + Autism Spectrum Disorder

**Therapy:** Occupational Therapy **Area of Concern:** Sensory motor

Goal: Reduce restlessness, Improve motor planning, Reduce hand stimming,

Improve command following.

| When Ronit came for assessment: |  | With regular Occupational Therapy |                                 |
|---------------------------------|--|-----------------------------------|---------------------------------|
|                                 |  | R                                 | onit can now:                   |
| 1.                              | He often cried                         | 1.                                | He does wait at a place without |
| 2.                              | Engaged in excessive hand stimming     |                                   | supervision.                    |
|                                 | & facial expressions (self-stimulatory | 2.                                | Follows two-step commands.      |
|                                 | behavior).                             | 3.                                | He has reduced finger stimming, |
| 3.                              | Ran from place to place.               |                                   | Only does it when very excited. |
| 4.                              | Refused to hold objects.               |                                   |                                 |
| 5.                              | Had poor joint attention.              |                                   |                                 |

**Parental Guidance:** Parents are taught goal- based techniques and activities for better occupational performance.

## **Speech Therapy**

Name of the student: Shikhant Kawle Disability: Autism Spectrum Disorder

**Therapy:** Speech Therapy

**Areas of concern:** Speech and Language Development **Language goal:** Develop "give me" concept verbally

|   | With regular Speech Therapy program Shikhant is now:   |  |
|---|--|--|
| assessment:   |  |  |
| <ol> <li>He was unable to give eye contact.</li> <li>Attention span was very low</li> <li>He was unable to speak "de-de" word (in vernacular) if he needed something</li> </ol> | <ol> <li>Eye contact and attention span is developing</li> <li>He vocalizes word "De-De" if he wants something, on teacher's request</li> <li>He has started following simple verbal instructions</li> <li>Started sound Imitations</li> </ol> |  |

**Parental Guidance:** The mother has been taught different strategies to develop language and communication. Also advised to teach him, for asking things he wants by saying "dede" and to follow the same at home by mother.

#### **HELP US CHANGE A STORY**

When Chinmay came to Muskan Foundation he was new to a social school setup and found it difficult to get acquainted with his surroundings. His teacher provided support & patience to engage him in activities he refused to participate, by providing adaptive methods. Chinmay was able to adapt, he was gradually made to sit in small groups for 15 minutes and given his favorite activity. Using toys and educational material he was able to sit in a group for a longer time without crying and continued the activity without switching to his favorite activity. His socialization has improved throughout the month.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request to support the Special Education Program of children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following requirements.

**CLICK ON: https://rzp.io/l/Vr7KhNQ** 

Help us to spread Muskan on our children's faces.

**DONATE NOW** 

------We are at-----

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