

# MUSKAN FOUNDATION FOR PEOPLE WITH MULTIPLE DISABILITIES



## Monthly Newsletter

## December Edition 2022

### Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

### Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

## NEWS & UPDATE

### World Disability Day



On 3<sup>rd</sup> December, Muskan Foundation observed World Disability Day at Carter Road. Advocate Ashish Shelar, current Corporator of Bandra West along with Seabuzz founder Ms. Manali Kamat served as the chief guest at this important and beautiful occasion. The event started with Q & A sessions to raise awareness among those in attendance. At this event, Muskan set up a few games,

informational booths, and practice stations where all the teachers provided instruction and hands-on practice in braille writing, sign language, mobility and orientation methods, and white cane techniques. Mr. Ashish Shelar raised the flag to begin the Muskan Foundation's awareness walkathon after meeting with people and disseminating information. All participants, parents, kids, and teachers took part in the walkathon.

## Sports Day



On 16<sup>th</sup> December, Muskan Foundation held Sports Day at each of its five centres. Parents and students were eager to participate in sports. Based on the specific needs of our students as well as their ages, we have created various sports categories. For each age level, the Mother Toddler Program and Early Intervention offered a different game. Students with cerebral palsy and hyperactive students both had distinct games that matched their skills and capabilities. All the participants enjoyed the delicious treats, and the game's winner was felicitated. The event was a success with an enormous amount of effort from teachers.

## Christmas celebration

With our children and their parents, Muskan Foundation celebrated Christmas on 23<sup>rd</sup> December. Our kids decorated the Christmas tree and constructed a Christmas crib. We incorporated a red clothing theme so that the children could learn about the traditional Christmas colour and introduced Santa Claus. They enjoyed the Christmas music and goodies. All of the children were ecstatic and had a great time.



## Capacity Building of the Teachers



On 26<sup>th</sup> and 27<sup>th</sup> December we had presentations of all of the centres on a variety of subjects, including Cortical Visual Impairment (CVI) and Central Processing Auditory Disorder (CPAD); Causes of Deafblindness and the assessment of severe and moderate deafblindness; Sensory integration; Early childhood intervention; Stages of development based on Piaget's theory; Reading and writing skills; and Orientation and mobility for people with multiple disabilities. To better prepare themselves to handle students with unique needs, teachers learned new methods and approaches.



## Experience Sharing Review Meeting (ESRM)

Muskan encourages its staff to learn from each other. In this context there was an ESRM scheduled on 24<sup>th</sup> December. The teachers, counselors, social workers and paraprofessionals shared their work for the period June 2022 to November 2022, their learnings and challenges. This was an interactive exchange of ideas and strategies that can be effectively implemented.

## Training: XRCVC, St. Xavier's college

Teachers and other staff members from Muskan visited XRCVC, St. Xavier's college, on 28<sup>th</sup> December. They had planned a "I for Inclusion" experiential training and workshop. It was about knowledge of cutting-edge technology and software that supports kids with exceptional needs. There were a ton of takeaways and learnings. The session was both educational and engaging overall.



## Continuous Rehabilitation Educational Program (CRE)



The three-day Continuous Rehabilitation Educational Program on the Role of Play in Children with Multiple Disabilities and Visual Impairment/Deafblindness was organised by the Muskan Foundation and approved by RCI, New Delhi. Special educators from Mumbai and other nearby cities enthusiastically engaged in the programme.

All participants who had CRE points received a participation certificate.

## Case Study of the Month

**Name of the Student:** Manav Manoj Sah

**Disability:** Autism Spectrum Disorder

**Age of the child:** 5 years

**Special Education:** Activity of Daily Living

**Area of development:** Cognition Development (Bilateral hand coordination)

**Goal of the Month:** To use both hands for mala-making

**Material:** Thread & Beads

**Beginning of the month:** He was just holding the thread with one hand through teacher's verbal prompt & help on his wrist.

**Sessions:** He was holding the beads & thread with his hand through teacher's verbal prompt & help on his wrist.

**End of the month:** He does hold the thread & beads with both hands through teacher's verbal prompt. And now he can put 4-5 beads in a thread with teacher's verbal prompt.

## Therapies and Activities

### Occupational therapy

**Name of the child:** Nayan Avinash Bore

**Disability:** Autism

**Area of concern:** Sensory motor area

**GOAL** - Improve object imitation, Improve Motor planning, Reduce hand flapping, Improve two-step command following

<b>When Nayan came for assessment:</b>	<b>With regular Occupational Therapy Nayan can now:</b>
1. Nayan was very hyper and restless, not established eye contact, no waiting skills	1. He follows simple commands and two-step commands with 2-3 repetitions
2. Poor sitting and activity tolerance, was not able to follow simple commands	2. Follows motor planning with verbal cues. 3. Started waiting independently

**Parental Guidance:** Compressions to reduce hyperactivity, diet control, garden play, and ADL training.

### Vision Therapy

**Name of the child:** - Anushka Raj More

**Disability:** Global Developmental Disorder+ Microcephaly

**Area of Concern:** Transitions, Standing and Walking

**Goal:** Tracking and Scanning

<b>When Anushka came for assessment:</b>	<b>With regular Occupational Therapy Anushka can now:</b>
1. She was assessment she was tracking poorly and scanning  2. She was not able to walk independently	1. She now started giving a little bit of response and she is also doing tracking and scanning  2. She has little help to complete the activity  3. She tries to walk independently

**Parental Guidance:** The mother takes all the activity at home as taught in therapy.

## HELP US CHANGE A STORY

When Amol came to Muskan Foundation he was new and he was diagnosed with Visual Impairment with development delay. His teacher provided support & guidance to engage him in his facial muscles for oral movements. He was able to adapt and gradually follow verbal instructions and started to speak in phrases (2 words). His tongue and lips movements are developing for speech. The mother has been taught different strategies to develop language and vegetative functions, and the same is being done at home by mother.

**Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program for children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.**

**CLICK ON:** <https://rzp.io/l/Vr7KhNQ>

**Help us to spread Muskan on our children's faces.**

## DONATE NOW

-----We are at-----

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