# MUSKAN FOUNDATION FOR PEOPLE WITH MULTIPLE DISABILITIES



# **Monthly Newsletter**

# January Edition 2023

### **Our Vision**

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

#### Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

#### **NEWS & UPDATE**

## **Braille Day**



World Braille Day is an international day on 4<sup>th</sup> celebrates awareness of January and the importance of braille as means of a communication in the full realization of the human riahts for blind impaired people. Α practical session conducted in order to introduce them to the Brailler, Braille slate, simulation glasses and orientation and mobility (O&M) techniques.

## Children's Picnic

Muskan Foundation organized children's picnic at Saina Resort, Malad on 7<sup>th</sup> January. Picnics are great for reigniting energy and forming bonds with one another. It enhances your mental and physical health. Muskan Foundation's children and their parents had a lot of fun. The picnic was joyous and enjoyable experience for parents and children.



#### Makarsankranti celebration



Makar Sankranti is a popular Indian festival celebrated in many parts of India. It is known as the harvest festival. Muskan Foundation celebrated Makarsankranti in all its centres by making kites and also flying kites wherever possible. They were also taught the different food items prepared on the occasion. Activity of kite making and preparing sesame (tilgul) ladoo was conducted at the centres.

## Republic Day celebration

Republic Day is the day when India marks and celebrates the date on which the Constitution of India came into effect on 26 January 1950. Muskan Foundation celebrated Republic Day with pride and fervour. Students were involved in tri colour rangoli making with flowers, and unfurling the flag. Teachers and children saluted the flag and sang Jan-Gana-Mana, our National Anthem in sign language. The children dressed as freedom fighters and spoke a few lines about the importance of the day.



#### Awareness program



Muskan foundation has a special education unit at MGM hospital to supplement the rehabilitation services the hospital offers. On 28th January, we conducted an Awareness program on disabilities and the special needs of children. Parents, social workers, paraprofessionals, and doctors from various departments of MGM hospital attended the seminar. It was well appreciated by all, most participants said that it was an eye-opener and they understood a lot

about disabilities and the difficulties they face.

# Muskan Association for Parents and Professionals (MAPP)

Muskan Foundation arranged a MAPP activity for parents on 28th January. The topic was the reuse of disposable cloth carry bags. Parents participated in MAPP activity and made many articles like wall hanging, flowers, cushion covers, bags, etc from disposable cloth bags.



Name of the Student: - Annu Pujariji Disability: Intellectual Disability

Age of the child: 1 year

**Special Education:** Mother toddler **Area of development:** Motor Skill

Goal of the Month: Small ball holding while transferring to another basket through

verbal prompt.

Material: Small Ball

Beginning of the month: He transferred the big object to another basket with the

teacher's HOH help.

Sessions: He was able to pick up the ball and transfer it to another basket with teacher's

verbal prompt and help on his wrist.

**End of the month:** Now he transfers the small ball from one basket to another basket with teacher's verbal prompt.

# Therapies and Activities

## **Speech Therapy**

Name of the child: Abdul Kaji Disability: Intellectual Disability

Area of concern: Language development

**GOAL -** Improve object imitation, Improve Motor planning, Reduce hand flapping, Improve two-step command following

When Akash came for assessment:	With regular Occupational Therapy Akash can now:
<ol> <li>He was unable to use 3 words together i.e. small phrases as he was using only one word for communication</li> <li>He was unable to repeat the phrases after the teacher</li> <li>Speech clarity was not there</li> </ol>	<ol> <li>Able to speak in a sentence.</li> <li>Able to repeat small sentences after teacher</li> <li>Reasoning is developing during a conversation</li> <li>Able to follow verbal instructions</li> <li>Vocabulary is developing</li> <li>Meaning conversation is developing</li> </ol>

**Parental Guidance:** The mother has been taught different strategies to develop language and communication. Also, advice to show different pictures for pictures talk, and the same is being done at home by mother.

# **Vision Therapy**

Name of the child: - Anuj Dage

**Disability:** Cortical Visual Impairment + West syndrome

Area of Concern: Right side loss

Goal: Tracking and Scanning

When Anuj came for assessment:	With regular Occupational Therapy
	Anuj can now:
1. When he came for the assessment	1. He needs help to complete the
unable to track and scan	activity
2. His attention span was very poor	

Parental Guidance: The mother takes all the activity at home as thought in therapy.

### HELP US CHANGE A STORY

When Jiyan came to Muskan Foundation he was diagnosed with Autism Spectrum Disorder in an earlier stage. He had some sensory issues he doesn't like to touch sticky liquids he used to avoid but by involving in art and craft now he easily uses glue for sticking with fingers also.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program for children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.

CLICK ON: https://rzp.io/l/Vr7KhNQ

Help us to spread Muskan on our children's faces.

#### DONATE NOW

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