MUSKAN FOUNDATION FOR PEOPLE WITH MULTIPLE DISABILITIES



Monthly Newsletter

February Edition 2023

Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

NEWS & UPDATE

Muskan Gupshup



Muskan Gupshup was an interactive session with the employees across all centers. Our staff gets an opportunity to interact with the Founder-Director Mrs. Dipti Gandhi and share their individual opinion. They share their best experiences working with children and in Muskan foundation.

Parents Meeting



On 4th February 2023, Muskan Foundation organised Parents Meeting. Parents from all the centres attended the meeting at Kalanagar Society Hall. The main agenda of the meet was to understand the progress of the child and how to work in collaboration for the development of the children. Mrs. Dipti Gandhi – Founder, CEO, Ms. Sunita Mishra – COO, Program Officers and other

teaching staff were present for the meeting. Dipti Ma'am discussed about the various protocols of the school and how it needs be adhered too. She gave instances of how important is to be

in sync while working with children with Multiple Disabilities. Parents were asked to share their feedback about their child's development which was positively shared with instances of happiness and joy.

Annual Day rehearsal

A dance rehearsal is important for our students as it is the was on 04th February 2023. Apart



from the obvious logistical considerations such as checking the timing of the performance, the stage cues, the costume functions and the practical arrangements for physically making the performance happen, one of the main purposes of a dance rehearsal is for the dancers to practice and develop their interpretive skills.

Epilepsy Day



Epilepsy Day was conducted by Muskan Foundation on 14th February 2023. In one of the centre the Special Educators provided awareness about Epilepsy. We had also invited a Resource person Dr. Pranjal Sathe who provided information about Epilepsy, its impact on individuals, families and communities around the world. She spoke about various misconceptions, myths and stigma surrounding epilepsy. Participants cleared their misconceptions and later thanked the facilitator as they

got to know many new things about Epilepsy.

Annual Day



Annual Day was celebrated on 17th February 2023 in MIG Banquet Hall. The Annual school day is the most awaited function every year. It is a crucial occasion wherein the students display their talents to the audience. The earnest preparations, the uncontainable excitement, and the full-dress rehearsals are the most

treasured moments of this occasion. The entire Annual Day journey is an experience filled with a plethora of emotions such as excitement, worry, fear, fun, and frolic.

Mr. Manoj Jain and Mr. Satyajeet Bolar from Multi Commodity Exchange of India Limited, one of our renowned CSR collaborations were the Chief Guests for the day. Our Trustees Mr. Sanjay Gandhi, Mr. Pinkesh Kapadia, Adv. Tushar Khandare and our Advisory Committee member Mr.

P.S. Burde honoured the occasion with their presence. Individual donors like Ms. Priti Gulati also graced the occasion with her presence. It was a memorable day with heart warming performances. We unveiled our Annual report that provides details of our yearlong work and finances. The day was concluded with National Anthem in sign language and lunch for all.



Awareness workshop



Muskan foundation works for the rehabilitation of children with special needs. Rehabilitation is complete when these children's special needs are understood and they are well respected in society. Muskan foundation conducts advocacy programs in schools and colleges for the same. On 22nd February 2023, Muskan Foundation was invited by St. Xavier's College, Mumbai to facilitate an educational

session on Braille and Sign language. Taking this opportunity, we not only taught the students of this college Braille and orientation and mobility techniques, we conducted our advocacy programs for the college students. It was well received and appreciated.

CSR Merit Award 2023



Muskan Foundation for People with Multiple Disabilities Founder-CEO, Mrs. Dipti Gandhi received CSR Merit Award 2023 on World CSR day by the World CSR Congress for her philanthropic work in the field of Special Education. CSR CONGRESS & AWARDS recognise the basic role that public procurement in India can play in providing a more sustainable and equitable society. It recognises the transition that corporate social responsibility (CSR) and sustainability approaches have made from being a background issues to a primary concern.

Case Study of the Month

Name of the Student: Darshil Patil Disability: Autism Spectrum Disorder

Age of the child: 6 years

Special Education: Early intervention

Area of development: Cognition Sub Area Colour Identification

Goal of the Month: In this month Darshil identified red colour with the help of different activities.

Material: Colours, flash cards, beads, ring stand

Beginning of the month: In the beginning, the teacher showed him red colour beads, cards & other objects. Then he was given red & orange colour beads for sorting.

Sessions: In the following session, Darshil did sorting of red colour beads from orange colour beads. And also, he matched red colour beads with the red colour flash card.

End of the month: Now he can now identify the red colour with pictures and real objects independently.

Therapies and Activities

Physio Therapy

Name of the child: Abir Jain Disability: Intellectual Disability

Area of concern: Independent standing balance, independent walking, staircase, single-leg stance.

GOAL: Improve independent standing and walking, dynamic balance, single-leg stance, staircase

When Abir came for assessment:	With regular Occupational Therapy Abir can now:
1. Poor sitting balance	1. Sits and plays independently
2. No transitions	2. Crawls and cruises independently
3. No sit and play	3. Stands with minimal support
4. No independent standing and walking	4. Stands independently with
5. No staircase climbing	5. Holding a surface
6. Poor dynamic standing balance and	6. Walks with a walker moderate
single-leg stance	support

Parental Guidance: Home program techniques and frequency are explained and taught to the mother. The importance of splints was explained.

Speech Therapy

Name of the child: Yatin Moralwar Disability: Sensory Processing Disorder

Area of Concern: Speech and Language Development

Goal: Develop 3-word phrases

When Yatin came for assessment:	With regular Speech therapy Yatin can
	now:
1. He was unable to use 2-3 words	1. Able to speak in a small phrase.
together i.e., small phrases as he	2. Eye contact is developing during
was using only one word for	conversation
communication	3. Able to give answers in 2-3 words
2. Eye contact was very poor during	sentence.
conversation	4. Echolalia speech is reducing.
3. Echolalia speech was present	5. Expressive language is developing

Parental Guidance: The mother has been taught different strategies to develop language and communication. Also, advise to read aloud small story books with intonation patterns during study time and the same is being done at home by mother.

Occupational therapy

Name of the student: Tamir Khan

Disability: Cerebral palsy

Area of concern: Sensory motor area

GOALS

- 1) Improve milestones with reduced tactile defensiveness
- 2) Increase BOS (base of support)
- 3) Improve core
- 4) Improve sensory processing

When Tamir came for assessment:	With regular Occupational Therapy
	Tamir can now:
 He came with floppy body with no vision and poor body coordination Not developed milestones 	 Started understanding commands like come up, leave the ring, hold the ring for few counts) Sit with support and try to come up and take weight on hands Started allowing rough textures

Parental Guidance: Maximum sensory diet, sitting and standing on different surfaces.

HELP US CHANGE A STORY

When Jiva came to Muskan Foundation he was in the early stage of Autism Spectrum Disorder. He had some sensory issues and didn't like to touch sticky liquids, he used to avoid it. With multiple activities of art and craft, now he easily uses glue for sticking with fingers also.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program for children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.

CLICK ON: https://rzp.io/l/Vr7KhNQ

Help us to spread Muskan on our children's faces.

DONATE NOW

------We are at-----

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