

# Muskan Foundation-The Organization that Initiates Smile

### Vision

Children with Multiple Disabilities with Vision Impairment (MDVI) Participant and are recognized in their families and communities, and realize their unique abilities in life.

### Mission

Muskan maximizes potential of Children with MDVI, by providing customized, low-cost therapies and special education under one roof; and by empowering parents with the knowledge, skill, and confidence to support their child's unique needs and development

Muskan Foundation for People with Multiple Disabilities, the NGO working for the children with multiple disabilities, was founded by Mrs. Dipti Gandhi in the year 2007 with an aim of providing these children with Multiple Disabilities (MD) and their families a One-Stop-Shop for all their concerns. Mrs. Dipti Gandhi being a low vision consultant has closely observed and experienced the life of children with multiple disabilities along with vision impairment. The complexity and the vulnerability of these children having multiple disabilities along with vision impairment are high.



# **Inspiration from Our Founder**

We have completed 17 years providing services to children with multiple disabilities who have visual impairment with additional disabilities, what we call MDVI. We started with just two children in a small waranda. It is a fulfilling experience to know that we now have five centres across Mumbai, three of them are in hospitals where the children from bpl family get holistic services. We have served around 3572 children with disabilities in these 17 years. We provide special education by RCI trained special educators, who are continuously trained in special skills. We have a strong team of qualified therapists who work in a trans disciplinary model. Parents often come to me and express their gratitude for the progress they have seen in their children. Talking about parents, we have a MAPP program which empowers the parents to understand their special child and also take care of their mental health through the specially arranged therapy sessions. We don't stop at just the service delivery program, we conduct Awareness drives and sensitization programs in schools, colleagues, corporates and public places. We have had an overwhelming response to these programmes. Participants often share that they have learnt so much and would make right use of the information. All this would not have been possible without the support of our staff and most importantly our donors. I would like to thank our donors for their steadfast support. Looking forward to providing services to MDVI children for many more years to come.





# **Special Education**

Every child with a variety of disabilities is special. He or she has unique experiences and unique learning requirements. We at Muskan Foundation offers various programs as per the need of every child.

#### Mother Toddler Program (Birth - 3yrs.)

It is one of our prized programs. A lot of children and their parents have benefitted from it. 0 to 7 years is a period for the child's prime development. New neural connections are formed and a child with disabilities starts developing compensatory behavior if he is under the right intervention program. Parents of children with disabilities feel helpless while working with the child. In this program, the parents are also guided. We have around 23 children in our mother-toddler program across our 5 centers.

#### Early Intervention program (age- 4-7)

We have children in the age group of 3 to 7 years. The special educator works on various rehabilitation and educational skills with the child. The parents are guided to reinforce these skills at home. We have around 125 children in our Early intervention program across our 5 centers. The Early Intervention program at Muskan Foundation focuses on developing the child holistically and enhancing their school readiness skills.

#### **Functional Academic (10-18 yrs)**

Children who have gone through the early intervention program and are now ready to read, write and do basic maths are taught these skills through a well planned program. Children with poor cognition are taught functional skills like writing their name, learning their parents mobile number, and doing basic money translations while buying things for themselves. We have around 30 children in our Functional academics program across our 5 centres.







### Transitional Age (14-18 yrs)

In this program the children are taught prevocational skills, soft skills, functional Academics and sexuality related skills. It's a hands-on program with a lot of practical sessions. We have around 6 children in our Transition program across our 5 centres.

#### **Remedial Sessions**

These are given to children who are not able to cope with studies and activities. This program aims to support the child's development and growth in his or her speed.

Open Schooling Our Special Educators prepare the students for the National Open Schooling exams for children who cannot be a part of Mainstream Schooling due to their disability or any other reason.

### **Home Program**

Home Program is a concept introduced for children who find it difficult to travel to any one of the Muskan Foundation Centers to receive therapy or special education. They are given sessions at their homes by the special educators and therapists.

The child goes through an assessment when he first comes to Muskan Foundation and then an IEP (Individualized Education Program) is created for each child in which goals are set for them. The child's development is evaluated over the course of a year.



#### Testimonial

The neurologist had said that she was suffering from a syndrome due to which her development will be restricted. We had nearly lost all hopes. But after coming to Muskan Foundation, we experienced a dramatic change in all her developmental milestones. Not bold









# Therapy

A range of therapies are required for the child's general development as well as to help them overcome various physical, sensory, and emotional difficulties. The right therapy is chosen and applied in conjunction with special education. Therapists chosen by the Muskan Foundation deliver the following therapies based on the need of the child.

#### **Vision Therapies**

Vision Rehabilitation is the process of restoring functional ability and improving quality of life and independence in an individual who has lost visual function through illness or injury.

### **Occupational Therapy**

The occupation of a child is to play, learn and do his daily living activities. Occupational Therapy helps to develop these skills through customized programs.

### **Physiotherapy**

Physiotherapy helps to restore movement and function when someone is affected by injury, illness or disability.





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### **Speech Therapy**

Speech Therapy helps to develop speech , language, cognitive-communication and oro motor skills to help in feeding and swallowing.

### **Behaviour Therapy**

Behaviour Therapy Due to disability, the child develops certain behaviours which are detrimental to his development. The behaviour therapist develops a program to address these behaviours and help to overcome them.

### Counselling

Counselling Counsellor helps the parent as well as the child to identify goals and solutions to problems which cause emotional turmoil, and help develop coping skills to promote behavioural change for optimal mental health.







#### Testimonial

Even after doctor shopping with many therapists, I got no guidance about the right intervention. Though he was attending mainstream, he was not progressing as he should. After coming to Muskan Foundation, I have finally got the right guidance. Today, my child is able to read, write and perform activities like his peers.



### MAPP (Muskan Association for Parents and Professionals)

MAPP is an initiative set up by Muskan Foundation, to conduct training & workshops to empower parents with confidence and skills on how they can bring out the best in their child. Professionals from different fields educate parents on a variety of topics and skills. This ensures that the parents are better equipped to deal with the issues they face at home with their children.

Activities throughout the year

- Creative display using vegetables and fruits
- Making articles from disposable cloth bags
- Workshop on "Understanding Difficult Behaviour in children and their management."







#### Testimonial

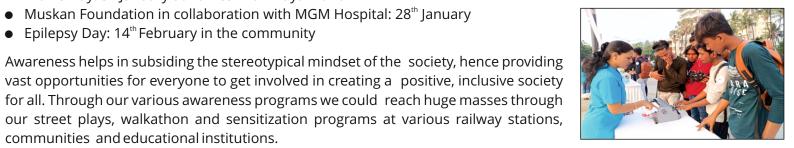
I used to feel isolated all the time. I was so bogged down by the behaviour of my child. The MAPP initiative gave me an opportunity to understand my child and manage his behaviour. Now I do not rebuke my child as before and am more patient with him

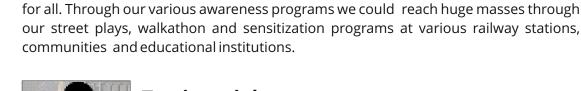
### **Awareness Drive**

Muskan Foundation organized various awareness programs

- Helen Keller Day: 27<sup>th</sup> June in New English School
- Raksha Bandhan: 8<sup>th</sup> August in Mahatma Gandhi school
- Cerebral Palsy Day: 6<sup>th</sup> October in the community
- World White Cane Day: 14<sup>th</sup> October at Dadar and CST station
- World Disability Day: 3<sup>rd</sup> December at Carter Road Bandra
- Braille Day: 3<sup>rd</sup> January at Rameshwar Vidya Mandir
- Muskan Foundation in collaboration with MGM Hospital: 28<sup>th</sup> January
- Epilepsy Day: 14<sup>th</sup> February in the community









#### Testimonial

*I used to often wonder why people with low vision use a white cane though they are able to see. But after* wearing simulation glasses, I could experience their difficulties. My attitude towards them has now changed.



# **Capacity Building**

Muskan Foundation believes in capacity building of its staff. Regular Programs for Teacher Training: In-house trainings are held by subject-matter specialists to bring teachers up to date on the most modern tools and methods in the field of disabilities. We also urge our staff to go to conferences, workshops, and seminars on the topic of disabilities.

- In-house teacher training
- Experience Sharing Review Meeting by special educators
- TISS Conference on Inclusive Collaborative Practices in Inclusive Settings
- Mental Health Training Workshop
- Workshop at XRCVC on "I for Inclusion"
- Teacher Presentation
- Shadow Teacher Course
- CRE Program on Role of play in MDVI children
- Sense Training Workshop on Sex Education







#### Testimonial - Teacher

We are lucky to have ongoing trainings which help us develop skills and strategies to perform better while dealing with our special children.



# **Events and Festivals**

Festivals are occasions of enjoyment and celebration which promote social interaction and a feeling of harmony. The celebrations are aimed at understanding the role of festivals in our culture. MuskanFoundation celebrated all the festivals and important days of the year along with the staff and associates.

- Inauguration of Panvel Center
- Educational visits
- Fun Day
- Sports Day
- Children's Day
- Republic Day
- Satyanarayana Puja
- Annual Day
- Parent Teacher Meeting

- Gopal kala
- Ganpati Celebration
- Vijaya Dashmi
- Diwali Celebration
- Christmas Celebration
- Makar Sankranti
- Gudi Padwa
- Holi Celebration



Christmas celebration

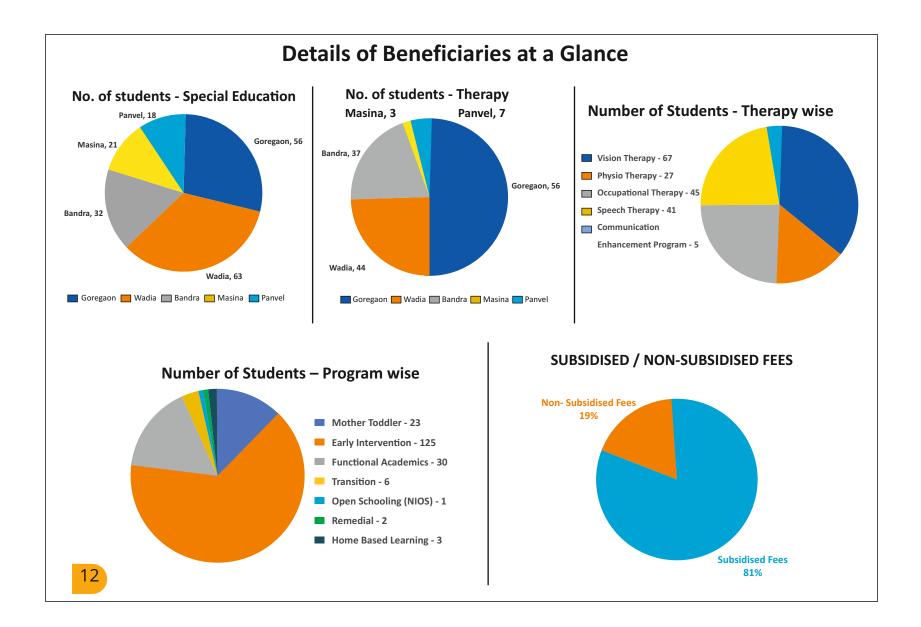


**Republic Day** 



Sport Day





# **New Initiatives**

#### Fifth Center at MGM hospital, Panvel

On 14th July, Muskan Foundation inaugurated its 5th center in association with MGM Medical College Hospital, Panvel. Special education, visual rehabilitation therapy, behavior therapy, a program to improve communication, and parent counseling will all be provided as services. The center will work in collaboration with MGM hospital's Physical Medicine & Rehabilitation service center (PMR) to provide Physiotherapy, Clinic Psychology & other rehabilitative services. In front of parents and the Muskan Foundation staff, the Center was officially opened by honorable trustee and Medical Director Dr. Sudhir Kadam, Dean Dr. Narshetty, Hospital Director Dr. Salgotra, and our Founder, CEO Mrs. Dipti Gandhi.

#### **Advisory Committee Meeting**

On August 21, we welcomed professionals with a range of professional experiences as well as shared interest in and care about Muskan Foundation's purpose to join as members of the advisory committee. The Advisory Committee members and our founder, CEO Mrs. Dipti Gandhi, COO, and trustees gathered to begin providing facilitation support for the operation of the Muskan Foundation.

#### **Communication Enhancement program**

Is a intervention service that focuses on improving a child's language and communication to express needs through Augmentative alternative communication (AAC), Picture painting and Flash cards.

#### **Impact Evaluation**

Impact Evaluation was conducted by the Research Unit, College of Social Work, Nirmala Niketan. The evaluation enabled us to measure the effectiveness and significance of our programs.

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# **Fundraising Activities**

#### Joy of Giving Week

Every year, from October 2 to October 8, India observes Daan Utsav, commonly referred to as "The Joy of Giving Week." This week is dedicated to generosity and shows those who take part and donate the joy of giving. Every religion teaches generosity because it improves social fairness, and commemorating Daan Utsav honors the fundamental qualities of human birth.

#### Tata Mumbai Marathon

Distance running epitomizes the power of one's dreams and the awareness of one's abilities to realize those dreams. The Tata Mumbai Marathon is One of the World's Leading Marathons. The social impact of this event is unrivaled. Since its inception, the event has raised in excess of INR

315.90 crores benefitting over 700 NGOs, supporting myriad causes, and helping millions in our society, live a Better Tomorrow. The event is not only the biggest participative sport in the country but also the single largest fundraising platform for NGOs.

Tata Mumbai Marathon has never been about just running.... It is the Possible Dream!

State Street Corporate Services Mumbai Pvt Ltd. supported Muskan Foundation by donating for charity bibs of various categories through which we received Rs. 5.75000.



## **General Information**

#### **Staff Remuneration**

Highest Paid: 1,00,000 per month Lowest Paid: 9460 per month

Paid to Staff	Male	Female	Total
<5000	0	2	2
5000 – 10,000	0	5	5
10,000 – 25,000	3	30	33
25,000 – 50,000	0	3	5
50,000 – 1,00,000	1	0	1
Total	5	40	44

Gender	Paid (Full Time)	Paid (Consultants)	Part-time
Male	4	1	0
Female	33	6	0

#### Auditor :

#### CA (External):

Damani & Shah Chartered Accountants, 519, Milan Industrial Estate, Kalachowki, Cotton Green (West), Mumbai - 400033.

#### CA (Internal):

Pinkesh Kapadia &Co Chartered Accountants 12/2, Parvati, Near Sion Bus Depot, Sion West, Mumbai - 400022.

#### **Board Meetings:**

The Board had seven meeting during the financial year 2021-2022. The agenda and minutes of the meetings are recorded and maintained.



		Governa	nce
Name	Age	Sex	Position
Dipti Gandhi	59	Female	Founder / Trustee / Managing Director / CEO
anjay Gandhi	64	Male	Trustee
inkesh Kapadia	58	Male	Trustee
Ninad Sadvilkar	48	Male	Trustee
ushar Khandare	43	Male	Trustee

#### Banking Information:

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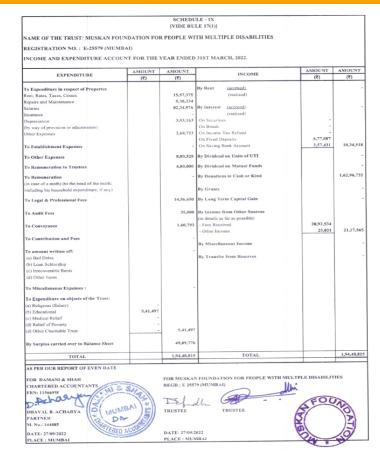
#### State Bank of India (For Foreign Donations):

Address	:	FCRA Cell, 4 <sup>th</sup> Floor, State Bank of India, New Delhi Main Branch, 11, Sansad Marg, New Delhi-110001					
Account Name	:	Muskan Foundation for People with Multiple Disabilities					
Account No	:	40108597143					
IFSC	:	SBIN0000691					
SWIFT	:	SBININBB104					
UCO Bank (Donation made in India):							
Address	:	Patrakar Co-Op Housing Society Ltd, Gandhi Nagar, Kala Nagar, Bandra East, Mumbai- 400051.					
Account Name	:	Muskan Foundation for People with Multiple Disabilities					
Account Name	:	17310110005781					
IFSC Code	:	UCBA0001731					
		Musican Foundation Advisory, Committee Manshove					

#### Muskan Foundation Advisory Committee Members

Mr. Mahendra Vora	Prof. Preeti Verma	Dr. Anjali Joshi	Mr. P.S. Burde	Adv. Nirupama Kar
Dr. Iravati Purandare	Mr. Shantanu Samak	Dr. Siddharth Kesarwani	Mr. Ninad Phatarpekar	Dr. Mahesh Dalvi

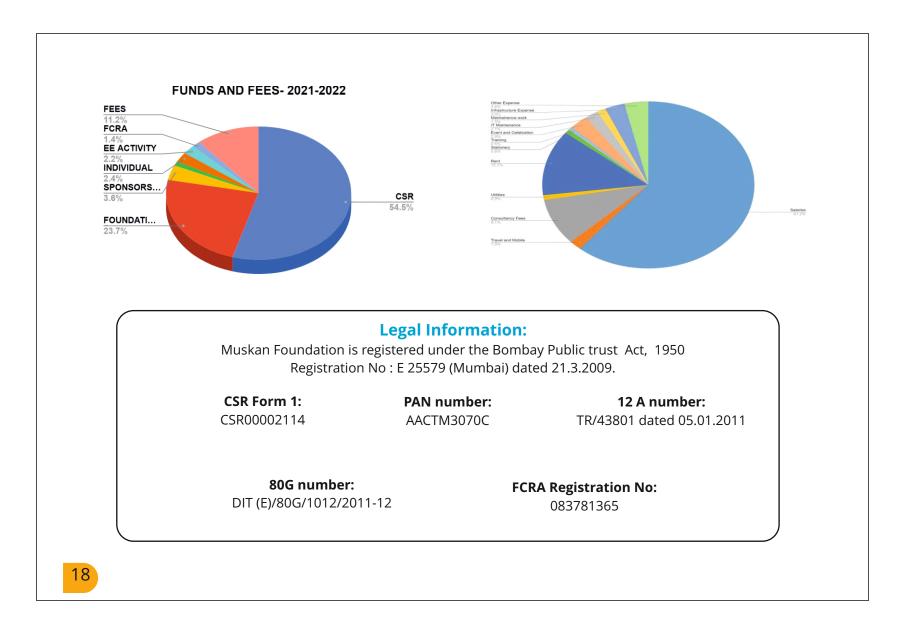
## **Financial Information**



	THE BC	SCHEDU	ILE VIII ILE 17(1)]		
NAME OF THE TRUST: MUSKAN FO	UNDATION FOR	PEOPLE WI	TH MULTPLE DISABILITIES		
REGISTRATION NO. : E-225579 (MU	MBAI)				
BALANCE SHEET AS AT 31ST MARC					
FUNDS & LIABILITIES	AMOUNT	AMOUNT	PROPERTY AND ASSETS	AMOUNT	AMOUNT
FUNDS & LIABILITIES	(ぞ)	(?)	PROPERTY AND ASSETS	(₹)	(₹)
			Immovable Properties: (At Cost)		
Frust Funds or Corpus :			Balance as per last Balance Sheet		
Balance as per last Balance Sheet	22,46,000 4,00,000	26,46,000	Additions during the year		
Adjustment during the year	4,00,000	26,46,000	Additions during the year		
Other Earmarked Funds :			Investment: (As per Statement)		1,29,63,238
Created under the provisions of the					
rust deed or out of the income)			Fixed Assets		
- Depreciation Fund	-		Balance as per last Balance Sheet	19,95,015	
- Sinking Fund	-		Additions during the year	6,25,356	
- Reserve Fund	-		Less: Sales During the year		1.
- Any Other Fund		-	Less: Depreciation for the year	(3,93,163)	22,27,208
Loans (Secured or Unsecured):-			Loans (Secured or		
- From Trustees			Unsecured) : Good / doubtful		
- From Others		-	Loans Scholarship		
- From Orders			Other Loans		
Liabilities :					
For Expenses	9,85,586		Advances & Deposits :-	2,24,894	
For Deposits	3,31,000		TDS	2,24,894	
For Duties & taxes	1,68,986		Membership Fees Advance	2,13,340	
For Advances	-		Deposits	2,13,340	4,38,234
For Rent and Other Deposits	-		Sundry Debtors		4,50,654
For Sundry Credit Balances	-	14,85,572	Other Current Asset:-	1	
			Other Current Asset:- Other Receivables	6,644	6,644
Income and Expenditure Account :					
Balance as per last Balance sheet	2,20,01,092		Cash and Bank Balance:		
Add: Appropriation, if any	-		(a) In Savings Bank Account	1,53,21,190	
Add: Surplus as per Income and			(b) With the Trustee	-	
Expenditure Account	49,09,776	2,69,10,868	(c) With the Manager	85,927	1,54,07,117
		3,10,42,440	TOTAL		3,10,42,440
TOTAL		3,10,42,440	10140		
AS PER OUR REPORT OF EVEN DATE					
FOR DAMANI & SHAH			FOUNDATION FOR PEOPLE WITH MU	LTPLE DISABILITI	ES
CHARTERED ACCOUNTANTS		REGD.: E 2557	9 (MUMBAI)	16-7	
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THE BOMBAY PUBLIC TRUST ACT, 1950

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## **OUR SPONSORS**

We count it a privilege that our sponsors supported us in our efforts to raise awareness of our cause and that they are considering us for their CSR programme. Both our corporate partners and our donors deserve our gratitude. We are incredibly appreciative of our supporters, including:

- SBI Life Insurance •
- ACG Cares Foundation ٠
- **ARES Management** •
- Anthony Waste Handling Cell Unit ٠
- Tata Education and Development Trust ٠
- Hapag-Lloyd India Pvt. Ltd. ٠
- State Street Corporate Services Pvt. Ltd. ٠
- India Inclusion Foundation •
- **Razorpay Software** ٠
- Rotary Club of Deonar Mumbai Charity Trust •
- Sanofi Healthcare India Pvt. Ltd. •
- The Dalal Family Charitable Foundation ٠
- Vohra Charitable Trust
- **Barefoot Foundation** •

• Ms. Dipti Gandhi

Bhanuben Nanavati College of Pharmacy •



### **Individual donors**

- Ms. Kavita Choudhary
- Mr. J. P. Tiwari

- Mr. Ramesh Madhok
- Ms. Praphul Sudarshan Mr. Sujay Marthi
  - Mr. Sanjay Gandhi

• Mr. Prabhudas R. Mehta

#### CLICK ON: https://rzp.io/l/Vr7KhNQ

#### Help us to spread Muskan on our children's faces.

#### **DONATE NOW**

#### **Our Center At**

🕽 Bandra 😑 Goregaon 🛑 Parel 🔵 Byculla 😑 Panvel

#### Account Details for Registration

Account Name: Muskan Foundation<br/>for People with<br/>Multiple DisabilitiesAccount Name: 17310110005781IFSC Code: UCBA0001731Bank Name: UCO BankBranch: Kalanagar, BandraAccount Type: Savings Account

Bandra: +91 9930386115 Goregaon: +91 7506094898 BJ Wadia Hospital: +91 8657205174 Masina Hospital: +91 9930385114 MGM Hospital: +91 9930386610 Sponsper ship chart

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UPI ID: muskan01@ucobank

