

Monthly Newsletter

July Edition 2023

Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

NEWS & UPDATE

Guru Purnima

The annual Guru Purnima celebration at Muskan Foundation is a joyful occasion filled with camaraderie and laughter. On July 3rd, 2023, our students beautifully expressed their gratitude by offering roses and heartfelt wishes to their teachers. The event not only fosters a strong bond between students and educators but also provides a platform for creative engagement, as teachers and students together colored symbolic Padhuka and Guru Shishya worksheets.



The enchanting recitation of Guru Shlok, "Guru Brahma Guru Vishnu guru deva maheswara," resonated with wisdom and unity, leaving a lasting impact on all. A parent's heartfelt message, "Happy Guru Purnima," further illuminated the significance of this cherished day.

Workshop: From July 5th to 7th, our dedicated special educator Ankur, accompanied by a parent from the Hume School Centre, engaged in a transformative capacity-building program organized by Sense International India and BPA in Ahmedabad. The intensive training centered on Mental Health, Sexuality, and Reproductive Health, delivering a wealth of enlightening information and insights. Participants were equipped with innovative strategies and techniques to adeptly navigate these crucial topics with our students. A significant highlight was the emphasis on teaching students the nuances of privacy and public boundaries, enriching their overall understanding and well-being.



Advisory committee Meeting

Our advisory committee has been actively engaged in providing guidance and expertise to ensure that we continue to make a positive impact. In an insightful online meeting on July 7th, we were honored to have Dr. Iravati Purandare, a distinguished member of our advisory committee, join us. Her expertise in the field shone through as she shared a range of strategies to effectively manage the behaviors of children with special needs. Dr. Purandare's insights also addressed concerns related to developmental disabilities, offering us



valuable perspectives to better serve our children.

Additionally, we recently had the privilege of hosting a face-to-face meeting with two esteemed advisory committee members, Dr. Anjali Joshi and Dr. Preeti Verma on 11th July. This meeting was a fruitful discussion on the four key components of Muskan Foundation: Special Education, Therapy, Teacher Training, and our Awareness Programs. Dr. Joshi and Dr. Verma's valuable contributions during this meeting have significantly contributed to our organization's strategic direction.

Their combined experience and thoughtful guidance have left an indelible mark on our strategies and initiatives, as we work towards creating a more inclusive and supportive environment for our children. We are deeply grateful for their commitment and dedication to our cause.

Staff Picnic: On the delightful day of July 14th, Muskan Foundation orchestrated a splendid staff picnic that radiated with boundless joy. The dedicated staff members immersed themselves in a tapestry of enjoyable activities, molding intricate pottery from clay, and infusing the air with creativity. Laughter and merriment echoed as everyone swayed to the rhythm, dancing exuberantly, and relishing playful moments in the refreshing pool waters. Following the exhilarating escapades, a delectable feast awaited, replenishing their energy with scrumptious delights.



From the sumptuous morning breakfast to the exquisite afternoon lunch and the soothing evening tea accompanied by delectable snacks, every culinary experience was a treat for the taste buds. The day transformed into an unforgettable celebration with engaging activities, knitting together the staff in shared laughter and camaraderie.

UDID Camp: Amidst heavy rainfall on July 20, 2023, Muskan Foundation's Wadia Centre resiliently hosted a successful UDID (Unique Disability ID) camp. Undeterred by the weather, dedicated parents braved the elements to register for this significant event. The informative session saw Muskan staff passionately enlighten parents about the manifold advantages of the UDID card. Notably, Wadia's OT PT department actively referred their patients to partake in the camp, drawing attendees even from distant locales like Yavatmal and Amravati. Displaying unwavering commitment, Muskan's teacher volunteers extended their efforts by disseminating pamphlets in hospitals such as KEM and BacchoAli, amplifying awareness and accessibility for this impactful initiative.



MAPP Activity: On 22 July Muskan Foundation organized its inaugural MAPP (Muskan Activity and Parental Participation) event, accompanied by a comprehensive orientation session, at Kala Nagar Hall in Bandra. The informative session commenced with an elucidation



of Muskan's guiding principles and guidelines, followed by an engaging interactive segment. Esteemed Dr. Iravati Purandare led the enlightening question-and-answer session, skillfully addressing parents' inquiries and concerns. Emphasizing the significance of parental involvement, new parents were

encouraged to actively participate in such enriching programs, which garnered appreciation for the foundation's dedicated efforts in enhancing their children's growth. The event left parents feeling informed, grateful, and enthusiastic about the program's prospects.

Muskan Gupshup:

The engaging event, "Muskan Gupshup," held on July 28th, fostered a dynamic exchange among employees from various centres. A unique platform, it allowed our dedicated staff to connect with the visionary Founder-Director, Mrs. Dipti Gandhi, and articulate their distinct perspectives. This interactive session showcased the profound impact of our work, as staff members shared heartwarming anecdotes of their enriching experiences while nurturing young minds at Muskan Foundation. The event not only celebrated our collective journey but also reinforced the sense of unity and purpose that underpins our organization's ethos.



Parents Meeting:



Gathering on July 22nd, 2023, a pivotal parents' meeting served as a platform to illuminate crucial aspects. The session delved into matters of discipline, special education, and fees, offering comprehensive insights into the organization's rules and regulations. This informative dialogue aimed to strengthen collaboration between parents and Muskan Foundation, ensuring a harmonious educational environment for our students. The meeting facilitated open discussions, addressing queries, fostering transparency, and reaffirming our shared commitment to nurturing each child's potential through a unified approach.

Therapies and Activities

Vision Therapy

Name of the child: - Renu Sable

Disability: Cerebral Palsy & Visual Impairment

Area of Concern: Improving Oculomotor Skill

Goal: Tracking and Scanning

Field loss: left field loss

When Renu came for assessment:	With regular Vision Therapy Renu can now:
<ol style="list-style-type: none">1. When she came for an assessment.2. Unable tracking and scanning. Her attention span is very poor.3. not using hands during activity	<ol style="list-style-type: none">1. Now Able to track Objects with verbal prompts.2. She likes to see yellow color objects.3. Able to do activities with verbal and physical prompts During therapy4. She requires to be put on a wedge and do activities.5. Now she taking Occupation therapy

Parental Guidance: The mother has taught how to make a tactile book.

Physio Therapy

Name of the child: - Araj Parker

Disability: Premature- delayed milestones

Area of Concern: Standing balance, gait training, single-leg stance

Goal: reduced falls with improvement in dynamic balance

When Araj came for assessment:	With regular Physio Therapy Araj can now:
<ol style="list-style-type: none">1. He didn't transit from floor to ground2. He didn't stand and walk independently3. had frequent falls.4. poor fine motor skills	<ol style="list-style-type: none">1. he gets up from floor independently without using hands2. Stands and walks independently3. Reduce falls but poor dynamic balance4. normal fine motor activities

Parental Guidance: Home Program taught. Importance of exercises and behaviour modification advised.

Speech Therapy

Name of the child: - Jaid shaikh

Disability: Visual Impairment, Down Syndrome

Area of Concern: Language development

Goal: To develop Vocabulary (words)

When Jaid came for assessment:	With regular Speech Therapy Jaid can now:
<ol style="list-style-type: none">1. He was unable to use more than 2 for communication.2. He was unable to repeat the words after the teacher.	<ol style="list-style-type: none">1. started to repeat words after the teacher.2. Able to follow verbal instructions.3. Vocabulary is developing.4. started to speak more than 3-4 words.5. speech clarity was not there.

Parental Guidance:

The mother has been taught different strategies to develop Language and vegetative functions, and the same is being done at home by mother. This end of the month speech therapist has not sent a case study.

Occupational Therapy

Name of the child: - Avi Gladson

Disability: Autism spectrum disorder

Goal: 1. Reduced hyperactivity
2. Improve sitting tolerance.

Total no of sessions conducted: 8

Area of Concern:

1. Performance areas:
Activities of daily living (bathing, grooming, dressing, etc)
2. Performance components:
3. Performance Context

Goal: 1) Reduce restlessness and hyperactivity
2) Should be able to follow 2-step commands
3) Improve sitting tolerance
4) improve hand functions.

When Avi came for assessment:	With regular Occupational Therapy Avi can now:
<ol style="list-style-type: none">1. He was hyperactive and restless2. Poor eye contact and command following	<ol style="list-style-type: none">1. Give eye contact2. Follow two-step commands3. Poor sitting tolerance.4. Sit in one place for more than 20 min complete a sustained activity.

Parental Guidance:

The parents have been taught different strategies to provide a sensory diet at home and in the garden.

HELP US CHANGE A STORY

When Ayansh first joined Muskan Foundation, he was a newcomer to the world of special education. A spirited 5-year-old with Cortical Visual Impairment, his journey has been nothing short of remarkable. Initially recognizing only two animal names and their sounds, Ayansh's progress over the month has been truly enchanting. Through tailored methods, he engaged with flashcards, immersive picture books, and captivating animal sound sessions, fostering a captivating learning experience. Now, Ayansh proudly identifies and imitates four distinct animals, a testament to his determination and the impactful teaching aids that have supported his growth.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program for children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.

CLICK ON: <https://rzp.io/l/Vr7KhNQ>

Help us to spread Muskan on our children's faces.

DONATE NOW

-----We are at-----

Bandra: +91 9930386115

Goregaon: +91 7506094898

BJ Wadia Hospital: +91 8657205174

Masina Hospital: +91 9930385114

MGM Hospital: +91 9930386610

Kalyan: 99303 86711