

Monthly Newsletter

August Edition 2023

Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

NEWS & UPDATE

Independence Day Celebration:

"We celebrated the 77th Independence Day in all of our center's, showcasing a collective display of patriotism and creating a memorable and meaningful event. This special day was marked by a unique theme that added an extra layer of cultural richness to the occasion: traditional clothing.



The theme of traditional attire brought out the rich tapestry of Indian culture as our students donned an array of traditional garments. From the elegant Maharashtrian Nav Vari Sari to the vibrant Koli attire, the comfortable South Indian Lungi attire, the vibrant Punjabi attire, the graceful South Indian Sari, to the dignified Muslim attire, our students wore their heritage with pride. The sight of our students adorned in these diverse traditional clothes was a testament to the multicultural essence of our nation.

To ensure that our students understood the significance of the day, we organized activities centered around the themes of colors, flowers, and flags. Our dedicated educators provided valuable insights into the history and importance of Independence Day, helping students connect with the spirit of the occasion.



The highlight of our celebration was the presence of our esteemed chief guest, Mr. Santosh Singh, the Senior Project Officer at Wadia. He graciously joined us for this momentous occasion. With Mr. Santosh Singh by our side, we commenced the flag-hoisting ceremony, an act symbolizing the essence of our freedom struggle. Together, as a unified group, we proudly sang the National Anthem, our voices resonating with the pride of being Indian.



To express our gratitude to Mr. Santosh Singh for gracing us with his presence, we presented him with a heartfelt thank-you card and a bouquet of fragrant flowers, a small token of our appreciation for his support.

The spirit of patriotism echoed throughout our celebration as we played Indian patriotic songs, stirring emotions and fostering a sense of unity among the students. As the day progressed, we distributed snacks to all the students, sharing not only food but also the bond of camaraderie and shared values that define our great nation.

In the end, our 77th Independence Day celebration was a resounding success, a testament to the power of unity and the importance of preserving our cultural heritage. It was a day of joy, reflection, and unity, leaving an indelible mark in the hearts and minds of all who participated. Together, we celebrated the freedom that generations before us fought valiantly for, cherishing the legacy they left us and looking forward to a brighter and more inclusive future."

Awareness Through Raksha Bandhan Celebration:

"On the auspicious day of August 25th, 2023, the Muskan Foundation embarked on a heartwarming journey of celebration and inclusivity in six schools:

1. Goregaon - August 25th, Sanmitra School
2. Bandra - August 28th, Karmaveer Bhaurao Patil School
3. Wadia - August 25th, Tarabai Modak English School
4. Kalyan - August 29th, Nutan Vidya Mandir
5. Hume - August 28th, Hume School
6. Panvel - August 29th, Old Sudhagarh School



This awareness event through Raksha Bandhan event aimed to foster connections and spread joy among students while emphasizing the importance of inclusivity and empathy.

To make this celebration truly unique, we organized a Rakhi-making activity, enabling students from different schools to express their creativity and build camaraderie. Beautiful Rakhi models were prepared in advance, symbolizing the bonds that would be forged and strengthened

during this event. The day commenced with an enlightening awareness session where students learned about Braille, Sign language, and Orientation mobility. They gained insights into the diverse ways individuals with special needs navigate the world and communicate. The introduction to specialized equipment used by special-needs students fostered a deeper understanding and appreciation of the unique challenges they face.



Following this session, Rakhi models and materials were distributed to all the students, along with clear instructions on how to complete the activity. This collaborative effort brought students from various schools together, promoting teamwork and understanding with enthusiasm and creativity. Students embarked on the Rakhi-making journey. Each Rakhi they crafted was a testament to the power of unity and compassion. The students bonded over the shared joy of creating something beautiful, strengthening their connections, and forging new friendships.

As the Rakhi-making activity reached its heartwarming conclusion, we captured the moment with photographs, immortalizing the beautiful Rakhi creations and the smiles that adorned each student's face. These photographs are lasting reminders of the bonds formed and the lessons learned on this special day.

In the end, the Raksha Bandhan celebration between the Muskan Foundation and other schools was not just about tying threads but also about tying hearts. It was a day filled with love, understanding, and inclusivity, where the spirit of Raksha Bandhan transcended traditional boundaries and embraced the beauty of diversity. This celebration exemplified the power of compassion and the potential for meaningful connections when we come together as a community."



Raksha Bandhan Celebration at the Center: On the delightful day of August 29th, 2023, Muskan Foundation's six centers celebrate the cherished festival of Raksha Bandhan. This celebration beautifully showcased the bonds of love, care, and unity among our students. The day began with all our students gathering in their respective circle times, fostering a strong sense of togetherness and anticipation.

To ensure our children grasped the essence of Raksha Bandhan, we introduced them to the concept through a captivating Raksha Bandhan concept book. This book served as a gateway to the rich tradition and significance of this special festival, allowing our students to explore and appreciate its cultural importance.



Following this enlightening session, we unveiled a beautifully adorned puja thali, which held symbolic items representing Raksha Bandhan traditions. The thali included Kumkum, rice, a Diya, sweets, and, of course, colourful Rakhi's.

In the end, the Raksha Bandhan celebration at Muskan Foundation was a resounding success, highlighting the power of tradition, love, and unity in fostering a sense of belonging and shared values among our students. It was a day of joy, learning, and lasting connections, where the bonds formed transcended the boundaries of a simple thread, nurturing a profound sense of care and togetherness among our students.



Muskan Activity and Parental Participation MAPP activity:

"On August 26th, 2023, the Muskan Foundation hosted a vibrant MAPP (Muskan Foundation Activity for Parents and Participants) event, featuring a Face Mask Competition that ignited excitement and creativity among our parents. Leading up to the event, parents poured their hearts and talents into crafting imaginative masks.



The competition commenced with the arrival of esteemed judges:

- Dr. Manisha Bhongle in Wadia
- Jyoti Mam in Goregaon
- Miss Anam in Hume School
- Rajeshree Sonpataki in Kalyan
- Ms. Mary Miranda in Bandra
- Dr. Darpan, Dr. Sonali, Dr. Pawan in Panvel

The competition showcased a diverse range of creative masks, making it challenging for the judges to select winners. Each mask encapsulated Muskan Foundation's mission and the event's spirit.



The MAPP activity was a resounding success, fostering a sense of community and leaving lasting memories within the Muskan family."

Case Study of the Month

Name of the Student: - Vansh Pandurang Patil

Disability: - Intellectual Impairment

Age of the child: - 6 years 9 months

Area of development: - Pre- Writing

Goal of the Month: - Pre-writing- He is able to trace the Marathi letter ऋ with independently.

Material: sand, rice, slate, Chalk, crayon, notebook, pencil

Beginning of the month: Pre-writing- He is able to trace the Marathi letter ऋ with independently.

Sessions: First, he traced ऋ on sand and rice with verbal & physical help. After some days he does trace ऋ letter on slate and notebook through crayon with minimum help.

End of the month: - Now he has started to trace letters ऋ using a pencil on a notebook independently.

Therapies and Activities

Vision Therapy

Name of the child: - Yuvraj Ravi Patil

Disability: Cerebral Palsy & Visual Impairment

Area of Concern: Eye-hand coordination

Goal: Eye-hand coordination

Field loss: left field loss

When Yuvraj came for assessment:	With regular Vision Therapy Yuvraj can now:
<ol style="list-style-type: none">1. When he came for an assessment2. he is not able to do any kind of tracking and scanning activities.3. he is very hyperactive at that time.	<ol style="list-style-type: none">1. Now with regular vision therapy, he can do tracking and scanning activities.2. he improves his eye-hand coordination.

Parental Guidance: The Mother takes all the activity with the child at home as taught in therapy.

Vision Therapy

Name of the child: - Rushi Pawar

Disability: Global Developmental Delay, Visually Impaired

Area of Concern: Developing oculomotor skill

Goal: Tracking with Object

Field loss: Left field loss

When Rushi came for assessment:	With regular vision Therapy Rushi can now:
<ol style="list-style-type: none">1. He was unable to track the Object2. He did not use his hand during the activity3. His attention span was very poor	<ol style="list-style-type: none">1. Now he is able to track Objects with verbal prompts.2. He is using his hand during activity.3. His attention span has improved4. Now he is sitting in the chair during therapy.

Parental Guidance: The mother has been taught all the activities to be followed up at home.

Physio Therapy

Name of the child: Gaatha Kanagalekar.

Disability: Premature- Cerebral Palsy.

Area of Concern: Standing balance, walking, single-leg stance.

Goal: Floor to stand transition, standing balance, gait training

When Gaatha came for assessment:	With regular Physical Therapy Gaatha can now:
<ol style="list-style-type: none">1. She sat independently but didn't transition from floor to ground2. She didn't stand and walk independently3. Had frequent falls.4. Poor bilateral control of the upper limb5. Poor trunk control. Head flexed to a side	<ol style="list-style-type: none">1. Get up from the floor independently without using your hands2. Stand and walk independently with a crouched posture3. Reduce falls but maintain a fair dynamic balance4. age-appropriate bilateral control5. Improved trunk control. Head coming into the midline.

Parental Guidance: The home Program taught the importance of therapies, splints, medications, and schooling.

Speech Therapy

Name of the child: - Samir Date

Disability: Sensory processing disorder

Area of Concern: Language development

Goal: To develop Vocabulary, Phrases, speech clarity,

When Samir came for assessment:	With regular Speech Therapy Samir can now:
<ol style="list-style-type: none">1. He was unable to use 2-3 words together i.e., small phrases as he was using only 1-2 words for communication.2. Expressive language was not developed3. Speech clarity was affected.4. Echolalia's speech was present.	<ol style="list-style-type: none">1. Able to speak in a small phrase2. Able to give answers in 2-3 words sentence.3. Echolalia's speech has reduced.4. Expressive language is developing.5. started to express his needs Verbally.6. Speech clarity is developing.

Parental Guidance:

The mother has been taught different strategies to develop language and communication. Also advised to read aloud small story books with intonation patterns during study time and the same is being done at home by the mother.

Occupational Therapy

Name of the child: - Pranav Chavan

Disability: Autism spectrum disorder

Goal: 1. Reduced hyperactivity

3. Improve sitting tolerance.

Total no of sessions conducted: 8

Area of Concern: Sensory processing issues

Goal:

1. Poor eye contact
2. Reduced hyperactivity and restlessness
2. Improve sitting tolerance.

Total no of sessions conducted: 7

When Pranav came for assessment:	With regular Occupational Therapy Pranav can now:
<ol style="list-style-type: none">1. He was hyperactive and restless2. Poor eye contact and command following3. Poor sitting tolerance.	<ol style="list-style-type: none">1. Give eye contact2. Follow two-step commands3. Sit in one place for more than 15 min4. Participate in a structured play.

Parental Guidance:

The parents have been taught different strategies to provide a sensory diet at home and in the garden.

HELP US CHANGE A STORY

When Yuvraj initially joined the Muskan Foundation, he was a newcomer to their Vision Therapy program. Yuvraj's medical condition was characterized by both Cerebral Palsy (CP) and Cortical Visual Impairment (CVI), and his primary concern was related to eye-hand coordination. His specific goal was to improve his eye-hand coordination, and there were no reported issues of field loss. During his initial assessment, it was evident that Yuvraj faced significant challenges. At that time, he was unable to perform any tracking and scanning activities. Moreover, he exhibited a high level of hyperactivity, making it even more challenging to address his vision therapy needs.

However, with consistent and dedicated participation in the Vision Therapy program at Muskan Foundation, Yuvraj has made remarkable progress. He has undergone a transformative journey. Now, after regular therapy sessions, Yuvraj has achieved significant milestones in his eye-hand coordination. He can now successfully engage in tracking and scanning activities, demonstrating remarkable improvement and development in this crucial aspect of his visual and motor skills.

This incredible progress is not solely due to the professional intervention at Muskan Foundation but also the unwavering commitment and effort of his mother. She has taken on the role of actively participating in therapy activities with Yuvraj at home, following the guidance provided by the therapists. This collaboration between Muskan Foundation and Yuvraj's family has played a pivotal role in his remarkable progress, showcasing the significance of a supportive network and consistent therapy in enhancing the quality of life for children like Yuvraj.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program for children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.

CLICK ON: <https://rzp.io/l/Vr7KhNQ>

Help us to spread Muskan on our children's faces.

DONATE NOW

-----We are at-----

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