

# MUSKAN FOUNDATION FOR PEOPLE WITH MULTIPLE DISABILITIES



## Monthly Newsletter

September Edition 2023

### Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their unique abilities in life.

### Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low-cost therapies and special education under one roof, and by empowering parents with the knowledge, skills, and confidence to support their child's unique needs and development.

## NEWS & UPDATE

### Open Day

"On September 2nd, 2023, our centers hosted a much-anticipated Open Day, where the spirit of collaboration between parents and educators was at its best. This event served as a valuable platform to strengthen the bond between our learning community and the families we serve. A total of 82 dedicated parents graced the occasion with their presence, while others, unable to attend, communicated their reasons to their respective teachers. During this event, our devoted teachers took the opportunity to share the much-awaited report cards, providing a



comprehensive overview of their child's academic journey. But it didn't stop at just the reports. Our educators went the extra mile by offering insightful explanations of each child's progress, ensuring parents had a profound understanding of their child's achievements and areas of growth.

It was a moment of enlightenment as we collectively celebrated the strides each child had made. The highlight of the day was the interactive session where we charted the course for the upcoming term. Parents actively participated, sharing their expectations and aspirations for their children. Our dedicated teachers, drawing from their expertise, offered valuable suggestions and guidance on what



would be most beneficial for the development of our students. The result was a beautiful exchange of ideas, fostering a sense of unity and purpose. Parents, in turn, expressed their appreciation for the progress their children had made, further motivating us to continue our unwavering commitment to their growth. In sum, the Open Day was an overwhelming success, a testament to the collaborative spirit between parents and educators. It reaffirmed our belief that when we work together, there are no limits to what our children can achieve."

## Gopal Kala

"On the joyful day of September 6th, 2023, our center radiated with the spirit of festivity as we came together to celebrate the Gopal Kala festival. With the participation of 106 students and their parents, the day was filled with laughter, joy, and a deep sense of togetherness.



Our dedicated team of teachers spared no effort in preparing and adorning the celebration room, creating an ambiance that truly captured the essence of this cherished occasion. It was heartwarming to see all the boys dressed in Lord Krishna attire, and the girls adorned in beautiful Radha-inspired attire, setting the stage for a vibrant celebration.



The festivities commenced with an educational twist as the celebration was to address Various concepts like fruits, flowers, Milk and milk products, spatial concepts like over, under, in, out etc. we provided our students with insights into the significance of fruits and the materials used during the Gopal Kala celebration. It was a wonderful opportunity to impart cultural knowledge and traditions to our young learners.



The highlight of the day was the 'Dahihandi' activity, where our students, with the loving guidance of our teachers, skillfully tied the 'handi' (pot) to a rope. Following this, a heartfelt 'puja' (prayer) was conducted to bless the 'handi.' With our program officer, Priya ma'am, leading the way, an atmosphere of excitement and anticipation filled the room as the students joined together to break the 'handi' and claim

the sweet treasures hidden within.



Music filled the air, and our students, filled with joy, danced with unrestrained enthusiasm, embodying the playful spirit of Lord Krishna.



## Educational Visit - Community Helper - Cobbler

"On the memorable day of September 8th, 2023, Muskan Foundation orchestrated an enriching educational visit that allowed our students to explore the world of community helpers. This time, our destination was a humble yet vital community helper - the cobbler.



The primary objective behind this educational excursion was to broaden our students' horizons by helping them understand the pivotal role that cobblers play in our society. We aimed to impart a profound appreciation for their profession and illuminate how and when we might need their valuable assistance.

Our journey began with a preparatory step: our senior teacher paid a visit to a local cobbler near a nearby school. During this initial meeting, the purpose of our visit was conveyed, and the cobbler was encouraged to share his insights and knowledge with our eager students.



As the educational visit commenced, some of our astute students quickly grasped the significance of the outing. They enthusiastically took off their shoes, eager to learn how to maintain and fix them properly. Interaction between our students and the cobbler ensued, and under the guidance of our teacher, valuable information was exchanged.

The cobbler shared the intricacies of his profession, shedding light on the tools and techniques he employs in his craft. Our students had the unique opportunity to explore the sandals and shoes crafted by the

cobbler, gaining a newfound respect for his skills and dedication.

The meeting was mutually rewarding, as both our students and the cobbler found joy in each other's company. The cobbler expressed his heartfelt gratitude and satisfaction for the chance to impart his knowledge to our young learners. He felt elated and content knowing that he had shared the details of his noble profession with our students and our team.

As we departed, the cobbler conveyed his best wishes, inspiring our students to excel in their future endeavors. The educational visit to the cobbler was not only an educational experience but also a heartwarming exchange of knowledge and appreciation between our students and a dedicated community helper.



## Awareness event - Super Hero - Batman

"On the delightful day of September 15th, 2023, a special guest, the renowned social media influencer, Mr. Siddhesh Lokre, and his dedicated team graced our Muskan's Wadia Center with their presence. The occasion was marked by a captivating program designed to celebrate the superhero of this generation - Batman.

This Friday event was a moment of sheer joy and learning as Mr. Siddhesh Lokre enthusiastically shared the remarkable superpowers and attributes of Batman with our eager students. With great enthusiasm, he delved into the world of this iconic character, captivating the young hearts and minds of our students.



The program was not just about discussions; it was a dynamic experience. Mr. Siddhesh and his team organized a series of engaging games, immersing our students in the world of Batman. Laughter and excitement filled the air as our students wholeheartedly participated, reveling in the spirit of camaraderie and fun.

The highlight of the event was when Mr. Siddhesh distributed special Batman-themed T-shirts, generously sponsored by the Souled Store brand. The students and parents alike were thrilled with the unique and stylish T-shirts, which not only served as a memento of this unforgettable day but also symbolized the enduring spirit of their

favorite superhero.

The event was a resounding success, leaving an indelible mark on our students and parents alike. It was a testament to the power of community engagement and the ability to combine fun and learning in a way that enriches the lives of our young learners. The smiles and enjoyment shared by all were a true reflection of the positive impact of such initiatives on our Muskan family."



## Ganesh Chaturthi

"On the auspicious day of September 18th, 2023, a beautiful celebration of Ganesh Chaturthi unfolded at our Muskan Foundation Wadia Center, creating an atmosphere filled with devotion and unity. This heartfelt event took place on a Monday, infusing our week with divine blessings.



Our dedicated team of teachers poured their creativity into decorating the classroom, fashioning a setup befitting the presence of Lord Ganesh. Every detail was meticulously planned to ensure a harmonious and spiritually uplifting environment.

The celebration began with a knowledge-sharing session, where we imparted the significance of flowers, leaves, and specific materials used in the decoration and prayer rituals dedicated to Lord Ganesh. It was an opportunity for our students to understand the cultural and spiritual aspects of this revered festival.

The highlight of the day was the 'aagaman' of Lord Ganesh, a symbolic gesture of welcoming the beloved deity into our midst. This 'aagaman' was made with love and joy by our students, resonating with their pure hearts.





With reverence, we commenced the 'Aarti,' a soul-stirring prayer dedicated to Lord Ganesha. The resonance of the prayers filled the room, creating a serene atmosphere that touched the hearts of all present.

Following the 'Aarti,' a beautiful moment of unity unfolded as teachers, students, and parents alike sought the divine blessings of Lord Ganesha. It was a profound experience that strengthened our sense of community and shared spirituality.

To conclude this joyous celebration, we distributed 'prasad' and sweets to everyone, symbolizing the sharing of divine blessings and the sweetness of togetherness.

The Ganesh Chaturthi event at Muskan Foundation Wadia Center was not just a festival; it was a heartfelt expression of love, devotion, and unity. It served as a reminder of the importance of preserving our cultural heritage and fostering a sense of spiritual togetherness within our community.



## Ganpati Visarjan

On the 25th of September 2023, a memorable event took place as Muskan Foundation organized the visarjan (immersion) of Lord Ganesha on a serene Monday morning. The event commenced with a heartfelt prayer known as the Aarti, where all the teachers, students, and parents came together to seek the divine blessings of Lord Ganesha.



The atmosphere was filled with devotion and unity as prasad and sweets were joyfully distributed to everyone present. These simple gestures of sharing symbolized the spirit of togetherness and goodwill that the occasion represented.

Following the Aarti and Prasad distribution, it was time to bid farewell to Lord Ganesha by removing all the ornate decorations adorning the idol. Each ornament held a special meaning, and its removal was a poignant moment that reflected the impermanence of material things.

Muskan Foundation, mindful of its commitment to environmental responsibility, arranged for an eco-friendly visarjan. They set up a large bathing tub and adorned it with delicate flower petals, creating a serene and respectful setting for the immersion.

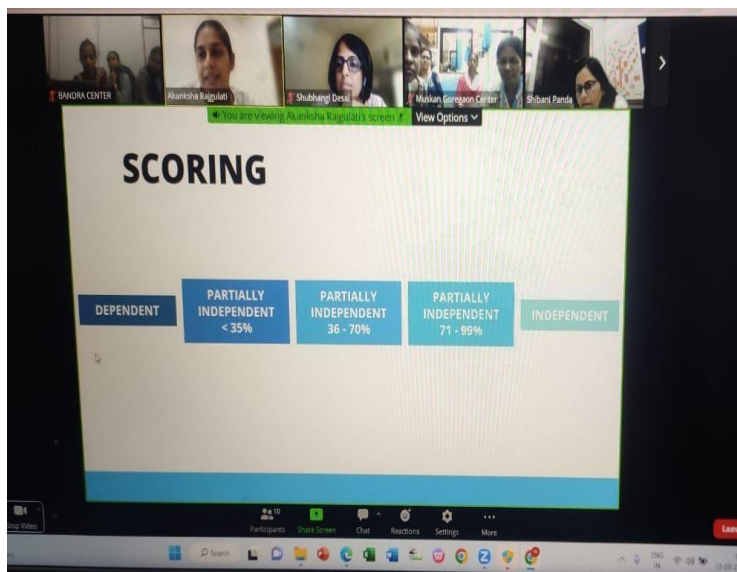


The immersion of Lord Ganesha was a cherished learning experience for the students. Some of the children had the opportunity to immerse the idol in water multiple times, allowing them to explore the concepts of wet and dry, the fragrant smell of flowers, and the delightful taste of sweets. They also learned the fundamental concepts of "in" and "out," symbolizing the cyclical nature of life.

The visarjan was a culmination of love, joy, and learning, demonstrating that the traditional rituals could be both spiritually enriching and educational. It emphasized the importance of cultural heritage, environmental consciousness, and the values of sharing and unity, leaving an indelible mark on all those who participated. It was a day when the community came together in harmony and reverence, celebrating the auspicious occasion of Lord Ganesha's visarjan with deep devotion and love.

## Disha IEP Discussion

Muskan Foundation For People With Multiple Disabilities in collaboration with Jai Vakeel Foundation to implement Disha Abhiyan, a curriculum developed by JVF, at Muskan, participated in an online meeting on September 13, 2023, which was organized by Jai Vakeel Foundation. The meeting was focused to clarify doubts regarding the Individualized Education Program (IEP) checklist, goal selection, assessment, use of student workbooks, and use of teacher's manuals.



## Case Study of the Month

**Name of the Student:** - Shivam Nitai Nikam

**Disability:** - Autism Spectrum Disorder

**Age of the child:** - 7 years

**Area of development:** - identifying Fruits with their colours verbally. (Apple – Banana; Red – Yellow)

**Goal of the Month:** - Cognition

**Material:** peg board, real fruits, flashcards

**Beginning of the month:** Shivam was first shown a fruit peg board, fruit flashcards, fruit 3D model, and colour flashcards.

**Sessions:** - Shivam with regular sessions fruit peg board, fruit flashcards, and colours flash cards we showed real fruits (Apple, Banana) to Shivam to match the real fruits with fruit peg boards and fruit flashcards also he identified the colours of the fruits with colours flashcards.

**End of the month:** - Now Shivam can identify apple and banana fruits independently also he can identify the colours of fruits red and yellow via finger pointing and verbally.



# Therapies and Activities

## Vision Therapy

**Name of the child:** - Tanvi kasthe

**Disability:** Low vision GDD

**Area of Concern:** Her oculomotor skill is poor (Tracking, Scanning)

**Goal:** Tracking

**Field loss:** peripheral field loss

<b>When Tanvi came for assessment:</b>	<b>With regular Vision Therapy Tanvi can now:</b>
<ol style="list-style-type: none"><li>1. CVI Range I poor eye-hand coordination.</li><li>2. Poor depth perception.</li><li>3. Tracking and scanning very poor</li></ol>	<ol style="list-style-type: none"><li>1. Now Tanvi is Tracking with light left to right Up to down.</li><li>2. she is doing eye-hand coordination activity with verbal prompt.</li></ol>

**Parental Guidance:** mother has taught at home brain gym activity for example Infinity Eight improving eye hand coordination and attention and when she is doing activities at home light sitting position activity should be rase because lower field loss.

## Physiotherapy

**Name of the child:** Aayansh Awad

**Disability:** Cerebral Palsy.

**Area of Concern:** trunk control, transitions, sitting, standing, walking.

**Goal:** Floor-to-stand transition, standing balance, gait training come to sit, sit and play, sit to quadruped

<b>When Aayansh came for assessment:</b>	<b>With regular Physical Therapy Aayansh can now:</b>
<ol style="list-style-type: none"><li>1. had poor head and trunk control</li><li>2. he is no rolling</li><li>3. he is no sitting</li><li>4. he is no come to sit</li><li>5. he is no transitions</li></ol>	<ol style="list-style-type: none"><li>1. has full head control and fair trunk control</li><li>2. rolls over independently</li><li>3. Sits in a tripod for 5 minutes</li><li>4. comes to sit with minimal help</li><li>5. initiates sit to quadruped</li></ol>

**Parental Guidance:** Home Program taught. Importance of therapies, splints, medications and schooling explained

# Speech Therapy

**Name of the child:** - Mahaswin Teddu

**Disability:** Delayed development

**Area of Concern:** Speech and language development

**Goal:** To develop Vocabulary, Phrases, speech clarity.

<b>When Mahaswin came for assessment:</b>	<b>With regular Speech Therapy Mahaswin can now:</b>
<ol style="list-style-type: none"><li>1. He was unable to use his facial muscles for oral movements.</li><li>2. Receptive language was not developed.</li><li>3. Drooling was present.</li><li>4. Only some gestures were present.</li></ol>	<ol style="list-style-type: none"><li>1. His vocabulary is developing.</li><li>2. Started to speak more than 6-7 words.</li><li>3. Speech clarity is developing.</li><li>4. Receptive language is developing through simple verbal instructions.</li></ol>

## Parental Guidance:

The mother has been taught different strategies to develop Language, and the same is being done at home by mother.

## Occupational Therapy

**Name of the child:** - Hamdan khan

**Disability:** Sensory processing disorder with visual impairment.

- Goal:**
1. Reduce gravitational insecurity.
  2. Reduced hyperactivity, restlessness, and agitated outbursts.
  3. Improve attention and concentration
  4. Improve sitting tolerance.

**Total no of sessions conducted:** 7

<b>When Hamdan came for assessment:</b>	<b>With regular Occupational Therapy Hamdan can now:</b>
<ol style="list-style-type: none"><li>1. Hamdan was very hyperactive and restless and showed temper tantrums.</li><li>2. Hamdan was unable to climb stairs and had balance issues.</li><li>3. Hamdan was having Poor attention and concentration</li><li>4. Hamdan was having difficulty with sitting at one place.</li></ol>	<ol style="list-style-type: none"><li>1. Hamdan's hyperactive got reduced</li><li>2. Hamdan is able to climb stairs with minimal fear of falling.</li><li>3. There is an improvement in balance.</li><li>4. Hamdan can sit in one place for more than 20 min.</li><li>5. There is improvement in visual attention and concentration.</li></ol>

**Guidance:**

The parents have been taught different strategies to provide a sensory diet at home and in garden.

## HELP US CHANGE A STORY

Meet Humza Shaikh, a remarkable 11-month-old child who faces the challenges of Global Developmental Delay (GDD), Microcephaly, and Nystagmus. Humza's story is one of incredible progress and hope, thanks to the power of vision therapy. When Humza first came for assessment, he struggled to make eye contact, and his world was shrouded in uncertainty. But with dedicated vision therapy, Humza's story began to take a heartwarming turn: Unlocking Communication: Humza has started to respond, even if it's just a little bit. His newfound ability to make eye contact marks a significant milestone in his journey. Mastering Tracking and Scanning: With determination and hard work, Humza is now able to track and scan his surroundings. This newfound skill is opening up a world of possibilities for him. Overcoming Sensory Challenges: Humza faces sensory challenges, but with the support of his therapy team, he's learning to cope. He can now engage in activities for short durations, a testament to his resilience. Guided by Loving Parents: Humza's mother plays a pivotal role in his progress. She diligently carries out therapy exercises at home, ensuring that every opportunity for growth is seized.

**Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program for children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.**

**CLICK ON:** <https://rzp.io/l/Vr7KhNQ>

**Help us to spread Muskan on our children's faces.**

### DONATE NOW

-----We are at-----

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