



### Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their own unique abilities in life.

### Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low cost therapies and special education under one roof; and by empowering parents with the knowledge, skills and confidence to support their child's unique needs and development.

*Together we shall bring that muskan*

## What's New

### Workshop on Teaching and Learning Materials by Chehak Trust



On the 2nd and 3rd of May, Chehak Trust organized an enriching workshop for teachers, focusing on the creation and utilization of diverse Teaching and Learning Materials (TLM). This initiative was aimed at enhancing educational practices for both single and multiple subjects across various learning levels.

The two-day workshop was designed to provide educators with practical skills and innovative ideas for developing effective TLMs that can cater to different learning needs and styles. Recognizing the pivotal role that well-crafted TLMs play in the learning process, Chehak Trust brought together experienced educators and subject matter experts to guide the participants.



## Case Study of the Month

**Name:** Tauqir Afzal Khan

**Disability:** Intellectual Disability

**Age:** 4 years

**Materials:** Animal flashcards & 3D animal toys

**Area:** Cognition (Matching Animals)

**Goal of the Month:** To discriminate and identify the matching card with the 3D animal toy.

**Beginning of the month:** When he joined the school, he couldn't identify animal pictures.

**Session:** During a session with the teacher, he can now identify some animals through picture cards and match 3D animals with corresponding animal picture cards.

**End of the month:** - He can now identify and match the animals. By the end of the month, he will be able to identify and match all of them. He will be proficient at identifying and matching the animals.

## Vision Therapy

**Name of the child:** Nayra Kaji

**Disability:** Global Development Delay (GDD) & Visually Impaired (VI)

**Area of Concern:** Poor Oculomotor Skills

**Goal:** Tracking and Scanning

**Field loss:** Left Field Loss

When Nayra came for assessment :	With regular vision Therapy Nayra is now :
<ol style="list-style-type: none"><li>1. She is unable to track and scan effectively.</li><li>2. Not using hands during the activity.</li><li>3. Attention spans are very poor.</li></ol>	<ol style="list-style-type: none"><li>1. Now she is able to track light from up to down.</li><li>2. She can scan light from right to up and down. Attention span is improving.</li><li>3. She likes to see contrasting pictures.</li></ol>

**Parental Guidance:** The mother has taught at home to engage in tracking activities from start to finish, using the hand-over-hand and hand-under-hand techniques. She suggests showing him a book with contrasting images.

## Occupational Therapy

**Name of the child:** Aisha Shaikh

**Disability:** Autism Spectrum Disorder (ASD) with Attention Deficit Hyperactivity Disorder (ADHD)

**Area of Concern:** Sitting Tolerance

**Goal:** Able to sit for 5 to 10 minutes without getting up

When Aisha came for assessment :	With regular Occupational Therapy Aisha can now :
<ol style="list-style-type: none"><li>1. Sitting tolerance: 1 minute.</li><li>2. Attention span: 2 minutes.</li><li>3. Poor eye contact.</li><li>4. Poor grip and pinch strength.</li><li>5. Unable to complete one activity without getting distracted.</li><li>6. She can follow one-word and one-step instructions.</li></ol>	<ol style="list-style-type: none"><li>1. Sitting tolerance: 5 minutes.</li><li>2. Attention span: 2-5 minutes.</li><li>3. Eye contact has improved.</li><li>4. Able to complete 2-3 activities without distraction.</li><li>5. Able to follow two-step and multiple-word instructions.</li></ol>

**Parental Guidance:** Engage in regular garden play and tactile sensory activities. Allocate 30 minutes daily for sit-down activities. Maintain consistent routines for eating and sleeping.

## Speech Therapy

**Name of the child:** Samiya Shaikh

**Disability:** Cerebral Palsy

**Area of Concern:** Speech and Language Development

**Goal:** To Develop Vegetative Functions

When Samiya came for assessment :	With regular Speech Therapy Samiya can now :
<ol style="list-style-type: none"> <li>1. She was unable to use her facial muscles for oral movements.</li> <li>2. Chewing and sipping patterns were not developed.</li> <li>3. Receptive language was not developed.</li> <li>4. The oral area was very sensitive.</li> <li>5. Receptive language was developing age-appropriately.</li> </ol>	<ol style="list-style-type: none"> <li>1. Started oral movements during the session.</li> <li>2. Started to speak in one-word utterances like "Amma," "Abba," "Ha."</li> <li>3. The chewing pattern is developing.</li> <li>4. Is able to apply slight pressure for chewing.</li> <li>5. Showing interest in the Jellow communication app.</li> <li>6. Tongue and lip movements are developing.</li> </ol>

**Parental Guidance:**

The mother has been taught different strategies to develop oral movements, as well as Oro motor exercises, and she is implementing them at home.

**Physiotherapy**

**Name of the child:** Aanand Gohil

**Disability:** Delay Milestone

**Area of Concern:** Lower Limb Strengthening and Upper Limb Strengthening

**Goal:** Stand Without Support and Walk Without Support

When Aanand came for assessment:	With regular Physiotherapy Aanand can now :
<ol style="list-style-type: none"> <li>1. Weakness of the lower limb:</li> <li>2. Cannot stand on a trampoline.</li> <li>3. Unable to stand on a wobble board.</li> <li>4. Unable to balance.</li> </ol>	<ol style="list-style-type: none"> <li>1. The strength of the lower limb is good.</li> <li>2. Can stand on a trampoline.</li> <li>3. Can stand on the wobbleboard.</li> <li>4. Able to balance.</li> </ol>

**Parental Guidance:** Sensory training, proper medication, diet, & regular exercise.

Bhavyam Deepak Gupta, a resilient soul at the tender age of 2.5 years, has embarked on a remarkable journey of growth and transformation despite facing the challenges of cerebral palsy, cortical visual impairment, and global developmental delay. His story is not one of limitations, but rather of perseverance, determination, and the power of vision therapy.

When Bhavyam first came for assessment, the hurdles seemed insurmountable. He struggled to track and scan objects, and his hands remained idle, unable to reach out and explore the world around him. However, with the dedicated efforts of the vision rehabilitation program, Bhavyam's journey began to take a remarkable turn.

Through consistent and tailored interventions, Bhavyam has made significant strides in his visual development. Where he once struggled to track objects, he now confidently follows them without the aid of light. His ability to scan his environment has improved, opening up new avenues of exploration and discovery. But perhaps the most heartening progress lies in Bhavyam's newfound independence. No longer confined by the limitations of his condition, he now endeavors to engage in activities on his own accord. With the guidance and support of his devoted mother, who has embraced the hand-under-hand technique, Bhavyam is actively participating in his own growth and development at home.

Bhavyam's journey is a testament to the transformative power of vision therapy and the unwavering dedication of his support system. Through their collaborative efforts, Bhavyam is not merely overcoming obstacles – he is rewriting his story, one of resilience, determination, and boundless potential.

As Bhavyam continues to defy expectations and break barriers, his story serves as an inspiration to all who encounter it. In his journey, we find hope, possibility, and the belief that with perseverance and support, anything is achievable. Bhavyam Deepak Gupta's story is not just one of change – it's a testament to the transformative impact of love, dedication, and the unwavering human spirit.

**Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program of children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.**

Help us to spread Muskan on our children's faces.

CLICK ON: <https://rzp.io/l/Vr7KhNQ>

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