



Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their own unique abilities in life.

Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low cost therapies and special education under one roof; and by empowering parents with the knowledge, skills and confidence to support their child's unique needs and development.

Together we shall bring that muskan

What's New

CAPACITY BUILDING

Perkins Visit

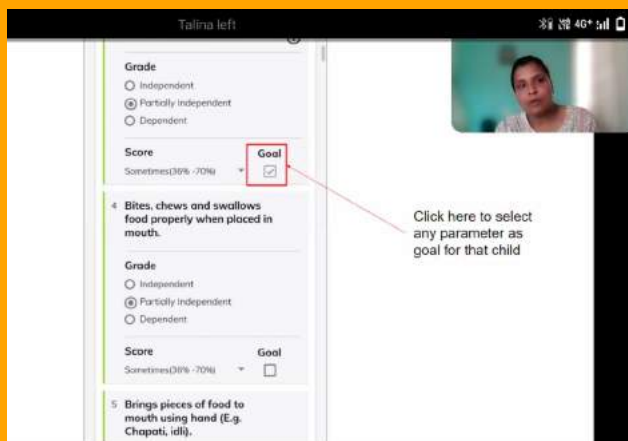
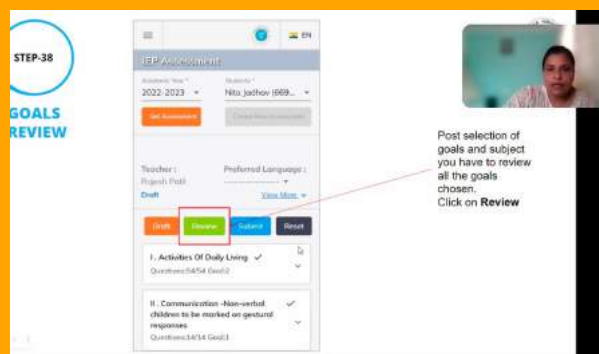
On July 1, 2024, we had the pleasure of hosting the Perkins team at the Wadia Centre. Ms. Archana and Ms. Anuradha conducted a thorough review of our Standard Operating Procedures (SOPs) and observed our notice boards. They also attended a teacher's session and circle time, providing insightful feedback on our current practices.



During their visit, the Perkins team had the opportunity to explore our tactile books and festival concept book, which were well-received. Their observations led to valuable suggestions on how we can further engage and support the children in our programs. We appreciate the Perkins team's time and expertise, and we look forward to implementing their recommendations to enhance our educational environment.

Disha Meetings with Jai Vakeel Foundation

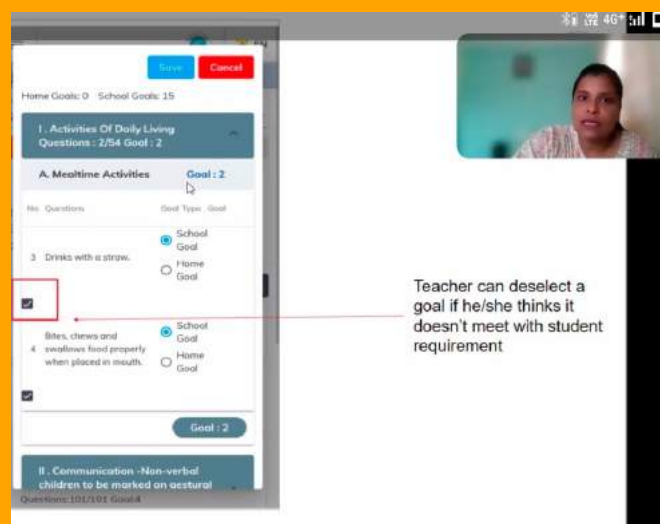
The Muskan Foundation recently engaged in a series of productive meetings with the Jai Vakeel Foundation on 4th, 5th and 6th July 2024. We explored Individualized Education Programs (IEPs) and goal setting, delved into the Disha Curriculum, and participated in teacher training sessions.



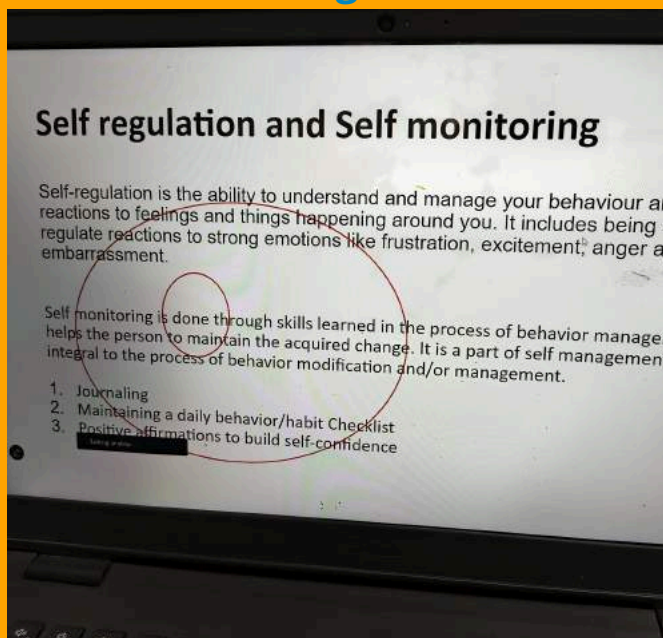
These discussions, led by Ms. Akansha, Ms. Rupali Kamble, and Mr. Manoj Shetya, provided valuable insights into goal selection, curriculum planning, and effective teaching strategies. We are grateful for their support and guidance, which will significantly enhance our educational practices and benefit our students.

Disha Individualized Education Program (IEP) Review Meeting

On July 10, 2024, Ms. Rita Kaji conducted a review of the Disha program. She addressed several questions regarding IEPs, clarified how to assess additional domains, and provided insights into curriculum integration. Ms. Rita Kaji emphasized the importance of task analysis for Activities of Daily Living (ADL) and sex education. Additionally, she provided a completed IEP as a reference to guide our practice.



Behaviour Management



On July 9, 2024, ADAPT organized a workshop on 'Behaviour Management.' Ms. Sujata Verma introduced the topic, followed by Ms. Prabha's detailed explanation of behavior and its influences. She outlined the four functions of behavior—Sensory, Escape, Attention, and Tangible (SEAT)—and discussed the importance of managing and modifying behavior. The session, which included interactive discussions with parents and teachers, proved to be both informative and engaging.

Staff Picnic

On July 19, 2024, the Muskan Foundation hosted a delightful staff picnic at the beautiful R.K. Farms villa. Our team enjoyed a relaxing one-night stay, complete with delicious meals and breakfast. The event was filled with fun, as teachers and support staff participated in lively games, dancing, and singing. We are grateful for this opportunity to unwind and bond as a team.



Parents Meeting



On July 27, 2024, the Muskan Foundation hosted its inaugural parents' meeting, with all six center's parents attending their designated time slots. Ms. Kalyani Jadhav, our senior program officer, began the meeting by introducing herself, her team, and the new counselor, social worker, and program officer.

She outlined the session's agenda, which included discussions on the UDID process and program-related queries. Center heads were invited to share their insights, and Ms. Nikita Magar provided an overview of the therapy rules and regulations. The meeting concluded with a Q&A session and refreshments, allowing parents to address their concerns and enjoy a light snack.



Muskan Association for Parents & Professionals (MAPP) Activity



On July 27, 2024, the Muskan Foundation hosted its first MAPP activity on the topic of 'Sleeping Disorders in children with disabilities,' featuring guest speaker Mr. Milind Baalkrishna. Mr. Baalkrishna provided valuable insights into the causes of sleep disturbances, including bed wetting, which can be linked to excessive water consumption.

He also discussed Restless Legs Syndrome, often related to iron deficiency and nutritional issues. To improve sleep quality, he recommended avoiding afternoon naps and establishing a consistent bedtime routine for children. The session concluded with a Q&A, where parents had their questions answered. Overall, the workshop was highly informative and beneficial for all attendees.



(World Health Organization)WHO Orientation Meeting

On July 31, 2024, the Muskan Foundation organized a meeting with all six centres to discuss about the WHO course for caregivers. Dr. Dipti Gandhi greeted the staff warmly and invited new joiners to share their experiences working with Muskan Foundation. Following this, our Deputy CEO , Ms. Shambhavi, introduced "CAME," a new project focused on enhancing parents' wellbeing, and explained its objectives, mission, and vision. Ms. Kalyani Jadhav, our Senior Program Officer, provided an overview of the WHO course and its objectives that needs to be followed to build capacity of parents in the whole year, while Dr. Gandhi offered valuable suggestions for planning and implementing the course effectively for parents.

Case Study of the Month

Student Name: Smaran Shirsat (*Name Change)

Disability: Autism with Intellectual Disability

Age: 5 Years 5 Month

Material: Picture cards, videos

Area: Communication (Greet with Namaste)

Goal of month: Smaran had a social smile but was unable to greet people around him.

Beginning of the month:

1. At the beginning, Smaran showed improved eye contact. The teacher started by showing him picture cards of joined hands and holding his hands with support.
2. The teacher showed him videos of social stories.

End of the month: By the end of the month, Smaran is able to greet people with Namaste whenever asked.

Vision Therapy

Name of the child: Aliya Khan (*Name Change)

Disability: Visual Impairment (VI) +Autism

Area of Concern: Poor Oculomotor

Goal: Visual Discrimination

Field loss: Left Field Loss

When Aliya came for assessment :	With regular vision Therapy Aliya is now :
<ol style="list-style-type: none">1.She was not tracking objects.2. There was a latent response.3.Attention was lacking.4.The color concept was not present.	<ol style="list-style-type: none">1.Able to track light from left to right.2.Discriminates objects with light and contrast using verbal prompts.3.Shows improved attention span.4.Can now identify colors.

Parental Guidance: The mother has been teaching at home by showing contrast pictures & conducting discrimination activities using real objects.

Occupational Therapy

Name of the child: Samar Thorat (*Name Change)

Disability: Attention-Deficit/Hyperactivity Disorder (ADHD)

Area of Concern: Inattention, difficulty following one-step commands, fair fine motor skills, and reduced strength in the core, back extensors, and lower limbs.

Goal: To enhance command following with two-step instructions, reduce inattention while establishing turn-taking, and improve overall muscle and grip strength within 2 to 3 months.

When Samar came for assessment :	With regular Occupational Therapy Samar can now :
<ol style="list-style-type: none">1.Proprioceptive seeking2.Poor grip and fine motor coordination3.Inattention4.Fleeting eye contact	<ol style="list-style-type: none">1.Attention span during two activities2.Plays with siblings and waits for his turn3.Maintains eye contact when spoken to, sometimes4.Reduced proprioceptive seeking5.Improved core and back extensor strength

Parental Guidance: Home program: Handwriting practice, heavy work activities before any fine motor tasks, and combined or garden play.

Speech Therapy

Name of the child: Ravi Zhende (*Name Change)

Disability: Autism Spectrum Disorder (ASD)

Area of Concern: Speech and Language Development

Goal: Language Development

When Ravi came for assessment :	With regular Speech Therapy Ravi can now :
<ol style="list-style-type: none">1. His attention was very low.2. Only gestures and pointing were used for communication.3. There was no eye contact.	<ol style="list-style-type: none">1. Attention is developing.2. Can speak 3-4 words meaningfully.3. Has started to repeat words after the teacher.4. Receptive language is developing through simple verbal instructions.

Parental Guidance: The mother has been taught different strategies to develop language, and she is implementing them at home

Physiotherapy

Name of the child: Hridaan Takat (*Name Change)

Disability: West Syndrome, Global developmental delay

Area of Concern: Delayed milestones, gross motor affection, Epilepsy, Hypotonia

Goal: Hridaan will maintain sitting with weight bearing on one hand and attend a toy with the other hand for 7-8 minutes.

When Hridaan came for assessment:	With regular Physiotherapy Hridaan can now:
<ol style="list-style-type: none">1. Hridaan had delayed milestones and was unable to hold his head up, sit, or stand.2. He had poor trunk control, gross motor difficulties, and did not bear weight on his hands.	<ol style="list-style-type: none">1. Rolls on the floor for mobility.2. Maintains ring sitting independently on the mat with weight bearing on both hands without losing balance for 3-4 minutes.3. Stands from a stride sitting position with support.

Parental Guidance: Keep toys in front during stride sitting to engage the child in shifting weight forward and to prevent backward falls. Lycra garment is recommended.

HELP US CHANGE A STORY

When Devansh Talekar (*Name Change) first came for assessment at just 1 year and 8 months old, he faced significant hurdles due to global developmental delay (GDD) and Leber's congenital amaurosis (LCA). Devansh struggled with tracking and scanning objects, wasn't using his hands to reach for items, and had minimal eye contact.

The team began a tailored vision rehabilitation program for Devansh. Although initially unfamiliar with these activities, Devansh adapted over time. With consistent therapy, his progress became evident. Devansh's ability to track and scan light sources improved notably. He learned to follow moving lights from side to side. His hand use, which had been limited, advanced as he began reaching for objects, an important step in his development. Additionally, participating in light board activities helped enhance his eye contact. To support Devansh's growth at home, his parents were guided to replicate the therapy activities using a hand-over-hand approach. They also incorporated sensory activities by mixing rice with objects and encouraging Devansh to separate them. Thanks to the dedication of the therapy team and Devansh's family, he has made significant strides. His progress underscores the importance of early intervention and consistent support in overcoming developmental challenges.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program of children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.

Help us to spread Muskan on our children's faces.

CLICK ON: <https://rzp.io/l/Vr7KhNQ>

DONATE NOW

-----We are at-----

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