

Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their own unique abilities in life.

Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low cost therapies and special education under one roof; and by empowering parents with the knowledge, skills and confidence to support their child's unique needs and development.



Together we shall bring that muskan



What's New

Fun Day

On October 5, 2024, the Muskan Foundation hosted a vibrant "Fun Day" celebration in honor of Dr. Dipti Gandhi's birthday. This joyful occasion brought together participants from all six centres, fostering a spirit of unity and camaraderie. The event featured well-organized games, delectable food, and enthusiastic involvement from everyone, including Dr. Gandhi herself. The day's activities not only created lasting memories but also strengthened the bonds within the foundation. Overall, it was a delightful celebration, filled with laughter and shared joy, highlighting the essence of community and togetherness.



World Cerebral Palsy Day Awareness Program



On the occasion of World Cerebral Palsy Day, Muskan Foundation organized an awareness program across multiple locations, including the B.J. Wadia Centre in Parel, Bandra Community Center, Hume Mumbai Centre, Goregaon Aarogya Kendra, Panvel Yuva Office, and Kalyan Asha Workers. During the event, a detailed presentation was delivered by a knowledgeable teacher, who highlighted key aspects of cerebral palsy and encouraged active participation by posing thought-provoking questions to the parents. The session included a comprehensive Q&A, where all queries from the parents were addressed thoroughly.

The program was well-received and successfully raised awareness about cerebral palsy, providing invaluable support to the families in attendance. We concluded the event by thanking all participants for their involvement, making World Cerebral Palsy Day a meaningful and impactful experience for everyone.



Dasara Celebration



On October 11, 2024, all six centers of the Muskan Foundation came together to celebrate the vibrant festival of Dasara, embracing the spirit of the occasion by wearing traditional attire. The festivities began with a heartfelt Saraswati puja, symbolizing the planting of seeds that have now flourished into lush greenery. A dedicated teacher guided the children through this tactile activity, allowing them to explore various elements of nature, such as flowers and plants.

Following the puja, everyone joined in the joyous dandiya dance, also known as Garba, which is celebrated during Navratri in honor of Goddess Durga. This lively dance not only encouraged social interaction among children with multiple disabilities but also fostered sensory stimulation, enhancing their enthusiasm and happiness. The event culminated in the distribution of prasad, leaving both parents and children with joyful memories of a successful celebration filled with laughter and community spirit.



World White Cane Day Awareness Program



On October 15, 2024, the Muskan Foundation organized an awareness program to mark World White Cane Day at various locations, including Goregaon Station, Bus Depot, Naupada Gav Kamote, Hume Centre, and Kalyan Community Teachers. The event began with an informative session about the daily challenges faced by visually impaired individuals, offering attendees a chance to experience these challenges firsthand by wearing blindfolds.

Participants were then introduced to essential techniques for using a white cane, with live demonstrations showcasing its importance for mobility and independence. The bus driver, conductor, and ticket collector actively participated in the session, engaging with questions and eagerly joining in the practical exercises. This initiative successfully raised awareness about the

difficulties faced by visually impaired persons and emphasized the crucial role of the white cane in promoting independence and improving quality of life.

World Health Organization (WHO) Meeting



On October 18, 2024, Dr. Dipti Gandhi facilitated an online meeting for the Muskan Foundation's caregiver training program, attended by all six center heads, the senior program officer, and several teachers. The session focused on parents' responses to the training, gathering valuable feedback, and discussing various challenges faced by caregivers. Dr. Gandhi also inquired about the teachers' experiences with the WHO-approved training, encouraging them to share their feelings about teaching caregivers. This collaborative meeting fostered open dialogue and teamwork, reinforcing the foundation's commitment to enhancing caregiver support and training.



Diwali Party

On October 24, 2024, the Muskan Foundation celebrated a festive Diwali party at its centers, filled with vibrant decorations, including drawings, cutouts, and colorful Lantern. Parents were warmly welcomed to join in the celebrations and partake in the fun with their children.



A Bollywood song guessing game was organized, which fostered lively interaction and allowed parents to socialize and even participate in group dances. Following the games, snacks and gifts were distributed, adding to the joyous atmosphere. Overall, the Diwali party was a resounding success, creating cherished memories for everyone involved.

Open House

On October 24, 2024, the Muskan Foundation held an open day across its centers, inviting all parents to an informative and engaging open house. During the event, teachers presented progress report cards, providing insights into each child's development and outlining current and upcoming goals for the next term. They also recommended activities to support the children's growth and discussed the upcoming Diwali homework.





Parents shared positive feedback on their children's progress, while teachers offered strategies for achieving home goals. Overall, the event fostered collaboration between parents and educators, leaving everyone feeling satisfied and optimistic about the children's future.

Case study of the month

Student Name: - Om Pravin Gore (*Name Change)

Disability: - Intellectual Impairment

Age: - 8 Years 10 Months

Material - Picture reading book and flashcards

Area: Pre-reading

Goal of the month: - He will identify garden pictures and items with verbal and gestural help.

Before working on him- He identifies garden pictures and items with maximum verbal and gestural cues.

After working on him- Now, Om can identify garden items from pictures and flashcards with minimal verbal assistance.

Vision Therapy

Name of the Child: Veer More (*Name Change)

Disability: Visual Impairment

Area of Concern: Tracking, Scanning, Eye Contact

Goal: Tracking and Scanning with Objects

Field Loss: Left Field Loss

When Veer came for assessment :	With regular vision Therapy Veer is now :
<ol style="list-style-type: none">1. Unable to track or scan objects.2. No eye contact and difficulty concentrating.3. Did not engage with or touch any objects.4. Displayed significant sensory issues.	<ol style="list-style-type: none">1. Improved tracking and scanning with light.2. Actively participates in activities, both physically and verbally.3. Shows focus during light board activities.

Parental Guidance: Parents were advised to encourage tracking and scanning with light and to introduce Ayesha to different textures by having her touch various objects.

Occupational Therapy

Name of the Child: Raj Bhoslae (*Name Change)

Disability: Dystonic Cerebral Palsy

Areas of Concern:

1. Neurodevelopmental delay
2. Hypertonia
3. Hand function – Thumb-in-palm position
4. Presence of primitive reflexes

Goals:

1. To reduce hypertonia.
2. To facilitate neurodevelopmental milestones.
3. To facilitate hand development and function.
4. To integrate primitive reflexes.

When Raj came for assessment :	With regular Occupational Therapy Raj is now :
<ol style="list-style-type: none">1. Unable to maintain a tripod sitting posture.2. Difficulty with hand opening and thumb-in-palm position.3. Unable to maintain head position while reaching for an object.4. Absence of midline reaching.	<ol style="list-style-type: none">1. Maintain supported sitting for 1–2 minutes.2. Hypertonia in the upper limbs slightly reduced.3. Reach for objects presented on the same side.4. Complete hand opening, with occasional thumb out of palm.5. Midline reaching in a sitting position.

Parental Guidance:

- Regular weight-bearing and stretching.
 - Use of Pedi wraps and thumb splint for at least 10–12 hours/day.
 - Use of contrasting objects and toys.
 - Place in flexion postures during activities.
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Speech Therapy

Name of the Child: Vaibhav Kamble (*Name Change)

Disability: Cerebral Palsy

Area of Concern: Speech and Language Development

Goal: To Develop Receptive Language

When Vaibhav came for assessment :	With regular Speech Therapy Vaibhav is now :
<ol style="list-style-type: none"> 1. Receptive language was underdeveloped. 2. Eye contact was poor. 3. Only a few gestures were present for communication. 4. Attention and sitting tolerance were underdeveloped. 5. Lip and tongue movements were underdeveloped. 	<ol style="list-style-type: none"> 1. Speaks bilabial sounds meaningfully (e.g., "baba," "mama"). 2. Imposes animal and vehicle sounds after the teacher. 3. Receptive language developing with simple instructions. 4. Started pointing at shown pictures. 5. Lip movements are developing for speech.

Parental Guidance: The mother has been taught various strategies to develop language and oro-motor skills, and she is implementing them at home.

Physiotherapy

Name of the Child: Chitransh Yadav (*Name Change)

Disability: Cerebral Palsy with Visual Impairment

Area of Concern: Delayed Milestones, Gross Motor Impairment, Spasticity, Epilepsy

Goal: He will be able to sit, stand and walk independently with support.

When Chitransh came for assessment :	With regular Physiotherapy Chitransh is now :
<ol style="list-style-type: none"> 1. He had delayed milestones and could not roll over, hold his head up, or sit independently. 2. He had poor sitting tolerance, weak trunk control, gross motor impairment, did not bear weight on his hands, and did not use both hands. 	<ol style="list-style-type: none"> 1. Performs side sitting with head supported and upper limb weight-bearing on one side. 2. Maintains quadruped position with upper limbs and trunk supported for 1 minute. 3. Maintains kneeling position with forearms supported in front and reaches for toys in front. 4. Rolls over independently, partially, and completes with support. 5. Holds head and trunk steady while sustaining a standing position with hands held. 6. Initiates stepping with trunk partially supported and takes 3-4 steps.

Parental Guidance: Stretching at home, medication follow-up, avoid asymmetrical sitting positions, and support the trunk in an upright position to prevent kyphoscoliosis.

HELP US CHANGE A STORY

When Vishal Sawant (*Name Change) , a 10-year-old child diagnosed with MDVI (Multiple Disabilities, Visual Impairment), first came to Muskan Foundation for assessment, he faced significant challenges with his vision. At the time, his tracking and scanning abilities were poor, and he struggled to maintain eye contact or concentrate. He was unable to touch or engage with objects, and he exhibited numerous sensory issues that made it difficult for him to interact with his environment.

However, with the introduction of a regular vision rehabilitation program, His progress has been remarkable. Over time, his ability to track and scan objects has significantly improved. He can now track objects from near to far and vice versa, showing marked improvement in his visual coordination.

Vishal has also begun to engage more actively with activities. He now attempts both physical and verbal activities designed to stimulate his vision, showing increased participation and interest. For example, he is successfully completing activities on a light board, an important step in his visual rehabilitation.

Additionally, Vishal has started to touch and explore objects physically, and he is becoming more verbal in expressing his actions, which was previously a challenge for him. This progress demonstrates his growing ability to interact with the world around him.

To support his progress at home, his parents were given guidance on various activities to improve his vision, ensuring that he continues to make strides in his development outside of therapy sessions.

Vishal's journey at Muskan Foundation has been a story of gradual improvement, thanks to the dedicated vision therapy program and the support of his parents and caregivers.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program of children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.

Help us to spread Muskan on our children's faces.

CLICK ON: <https://rzp.io/l/Vr7KhNQ> to donate now

or

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-----We are at-----

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