

### Our Vision

Children with MDVI participate and are recognized in their families and communities, and realize their own unique abilities in life.

### Our Mission

Muskan maximizes the potential of MDVI children, by providing customized, low cost therapies and special education under one roof; and by empowering parents with the knowledge, skills and confidence to support their child's unique needs and development.



*Together we shall bring that muskan*



## What's New

### Annual Sports Day

On December 7th and 14th, 2024, we celebrated our annual Sports Day across all six campus centres, bringing together students, teachers, and families for a day of fun and inclusion. The event began with a lively opening ceremony and march past, followed by a variety of games designed to accommodate students of all abilities. With adaptive equipment and modified rules, the focus was on participation, personal achievement, and enjoyment, rather than competition. Sensory-friendly activities ensured that every child could join in, and the day was filled with support from parents, teachers, and peers.



The highlight of the day was the medal ceremony, where every student's effort was recognized. Esteemed guests from each centre presented awards, celebrating not just victory, but the spirit of sportsmanship and community. The atmosphere was uplifting, with cheers and encouragement fostering an environment where all students felt valued. It was a day to remember, reinforcing the importance of inclusivity and celebrating each individual's unique abilities.

### Christmas Celebration

On December 24, 2024, all six Muskan Foundation centres came together to celebrate Christmas with a festive and heartwarming event. The schools were beautifully decorated with Christmas trees, bells, and holiday ornaments, with students





actively involved in the decorating process. The celebration featured a lively Christmas party, where students danced to cheerful holiday music, enjoyed chocolates and snacks, and received gifts from a teacher dressed as Santa Claus.

The event created a strong sense of community and inclusiveness, ensuring that every child felt valued and embraced by the festive spirit. It was a joyful occasion that brought smiles to everyone, leaving behind lasting memories for all involved.



## Parents Meeting



The monthly parents' meeting at Muskan Foundation's six centres, held on December 24, 2024, focused on key areas crucial for student development. Discussions emphasized the importance of regular school attendance for continuous learning and academic progress, highlighting how absences can hinder students' ability to stay on track with lessons. The meeting also underscored the need for maintaining personal cleanliness and good hygiene, both individually and within the school environment, to create a healthy and positive learning space.

Parents were encouraged to support these values at home and contribute to a strong school community. The meeting concluded with a call for ongoing collaboration between parents and the school to best support students' growth and development.



## Buddy Training



Buddy Training was conducted on December 26th and 27th, 2024, in Bandra, with staff from all seven branches, including the Program Officer and Senior Program Officer, actively participating. The sessions covered a wide range of important topics, including sensory assessment, sensory integration, brain gym, effective teaching strategies for children with visual impairments, curriculum development, counseling for parents, and relevant laws, acts, and schemes.

The training proved to be highly beneficial, offering valuable insights and enhancing the knowledge of all staff members on these critical areas, thereby strengthening their ability to support and educate students more effectively.



## Experience Sharing & Review Meeting (ESRM)



Muskan Foundation conducted the Experience Sharing & Review Meeting (ESRM) on December 28th and 30th, 2024, in Bandra, with active participation from all seven centres. The meeting provided a platform to review the progress, challenges, and achievements of the foundation.

special education, therapy, and counselling services. Representatives from each centre shared valuable insights into their operations, including updates on beneficiary statistics, admission trends, challenges encountered, and the action plans implemented to address them. The ESRM fostered collaborative learning and strategic planning, ensuring the ongoing improvement and enhancement of services across all centres.



## Case study of the month

**Student Name:** Suresh Umesh Gavanang (\*Name Change)

**Disability:** Autism Spectrum Disorder

**Age:** 4 Years

**Area:** Cognition - Colour Matching + Sequencing

**Materials:** Colour Flash Cards, Colour Peg Board, Contrast Mat

**Goal:** He will be able to match two colours and complete the sequencing activity independently.

**Before working on him:** He was very confused when matching colours and was randomly doing the peg board activity, relying heavily on gestures and requiring minimal verbal help.

**After Working on Him:** Now, he can match two colours using colour flash cards and complete the peg board activity in sequence with very little verbal assistance from his teacher.

## Vision Therapy

**Name of the Child:** Tanvi Kamble (\*Name Change)

**Disability:** Low Vision, Global Developmental Delay (GDD)

**Area of Concern:** Poor Depth Perception

**Goal:** Visual Discrimination

**Field Loss:** Peripheral Field Loss

<b>When Tanvi came for assessment :</b>	<b>With regular Vision Therapy Tanvi is now :</b>
<ol style="list-style-type: none"><li>1.She had poor depth perception and visual discrimination.</li><li>2.She also showed difficulty with tracking &amp; object discrimination.</li></ol>	<ol style="list-style-type: none"><li>1.Her depth perception has improved.</li><li>2.She is improving her tracking skills.</li><li>3.She can now discriminate between objects with minimal verbal prompting.</li></ol>

**Parental Guidance:** Her mother uses brain gym activities like Infinity Eight to improve coordination and attention. At home, she practices discrimination tasks with real objects and sits in a raised position to help with lower field loss.

---

## Occupational Therapy

**Name of the Child:** Sahil Datte (\*Name Change)

**Disability:** Attention-Deficit/Hyperactivity Disorder (ADHD)

**Area of Concern:**

- Hyperactivity
- Attention (Fleeting)
- Eye Contact (Fleeting)

**Goals:**

- 1.To reduce hyperactivity
- 2.To improve attention span during the entire activity
- 3.To initiate and maintain eye contact while commands/instructions are being given

<b>When Sahil came for assessment :</b>	<b>With regular Occupational Therapy Sahil is now :</b>
<ol style="list-style-type: none"><li>1.Hyperactivity: Enjoys jumping and roaming around the room. Needs frequent breaks during therapy and school.</li><li>2.Eye Contact: Follows commands but does not make eye contact. Needs 2-3 repetitions.</li><li>3.Attention Span: Fair. Needs redirection.</li></ol>	<ol style="list-style-type: none"><li>1.Sits in school when supervised by the teacher or therapist during sessions.</li><li>2.Hyperactivity has reduced slightly.</li><li>3.Follows commands while giving eye contact intermittently.</li></ol>

### Parental Guidance:

- Regular weight-bearing and heavy work activities (e.g., running and jogging).
- Concept-building activities at home.

## Speech Therapy

**Name of the Child:** Suraj Gudekar (\*Name Change)

**Disability:** Speech Difficulty, Articulation Errors

**Area of Concern:** Speech and Language Development

**Goal:** Language Development

When Suraj came for assessment :	With regular Speech Therapy Suraj is now :
<ol style="list-style-type: none"><li>1. Speech clarity was affected.</li><li>2. Stammering was present.</li><li>3. Sentence framing structure was not developed.</li><li>4. Reasoning concepts were not developed.</li><li>5. Articulation errors were present.</li></ol>	<ol style="list-style-type: none"><li>1. Stammering is reducing.</li><li>2. Started to frame sentences verbally.</li><li>3. Speech clarity is improving with fewer articulation errors.</li><li>4. Cognitive thinking is developing.</li><li>5. Started interacting during conversations.</li><li>6. Vocabulary is expanding.</li></ol>

**Parental Guidance:** The mother has been taught stammering-reducing strategies, which she practices with Swaraj at home.

## Physiotherapy

**Name of the Child:** Aman Khan (\*Name Change)

**Disability:** Dystonic Cerebral Palsy

**Area of Concern:** Delayed Milestones, Gross Motor Deficits, Dystonic Posturing, Tightness

**Goal:** He will be able to sit, stand, and walk independently with support

When Aman came for assessment :	With regular Physiotherapy Aman is now :
<ol style="list-style-type: none"><li>1. Delayed milestones; could not roll, hold his head, or sit independently.</li></ol>	<ol style="list-style-type: none"><li>1. Sits in a side position with head support and upper limb weight-bearing on one side with assistance.</li></ol>

<p>2. Poor sitting tolerance, poor trunk control, and gross motor deficits. He could not weight-bea on his hands and did not use both hands.</p>	<p>2. Maintains quadruped position with upper limb and trunk support for 20 seconds.</p> <p>3. Maintains a kneeling position with good head control and attends to toys in front of him.</p> <p>4. Rolls over partially and completes the roll with support.</p> <p>5. Holds his head up and sustains for 5-10 minutes in a supported sitting and standing position.</p> <p>6. Grips and releases objects with both hands after a few attempts; uses hands in the midline for a few seconds.</p> <p>7. Rolls over partially independently.</p>
--	--

**Parental Guidance:**

- Perform stretching exercises at home.
- Support the head and upper limbs to prevent neck hyperextension during hand activities.
- Increase sitting tolerance using a corner chair and encourage more weight-bearing on the upper limbs while sitting.

**HELP US CHANGE A STORY**

When Virat Pawar (\*Name Change) , an 8-month-old child, first came to Muskan Foundation, he was a little nervous and unsure of the new environment. He had been diagnosed with multiple disabilities, and his parents were concerned about his development. He had difficulty with neck holding, lacked eye contact, and had trouble focusing on activities. Most of the time, he was upset and cried during the therapy sessions. His field loss was also a concern, as he wasn't able to track light or engage with objects around him. It was clear that Virat's early developmental milestones were delayed, and his challenges in concentration made it harder for him to participate in the activities. However, with the support of the foundation's vision rehabilitation program, Virat's progress began to show.

Over time, with consistent therapy and rehabilitation, Virat's improvements became more noticeable. His neck holding, which was initially weak, gradually started to improve. He began to gain more control over his head and showed signs of strength and stability. His tracking ability with light, moving from left to right and up and down, improved steadily.

Virat also started paying attention to the light board activities, a significant step in his cognitive development. Instead of crying, he began staying calm and focused during his therapy sessions. His parents could see the change, and it was clear that he was beginning to engage more with his surroundings.

Virat's parents were also given guidance to help support his development at home. They were encouraged to do light tracking and scanning exercises, moving their hands in front of him to stimulate visual attention. Additionally, they were instructed to provide different textures for sensory experiences, helping him become more comfortable with a variety of sensations.

Our dreams are big. But we cannot travel ahead to complete the mission without your generous support. Therefore, we request you to support the Special Education Program of children with multiple disabilities by sponsoring a Child's Monthly Education Program or Therapies on the following details.

**Help us to spread Muskan on our children's faces.**  
**CLICK ON: <https://rzp.io/l/Vr7KhNQ> to donate now**

**or**  
**Scan to donate**  
**UPI ID:muskan01@ucobank**



-----We are at-----

**Follow us at:**    

**Bandra Head Office: +91 9930386115**  
**Bandra: +91 99303 86691**  
**Goregaon: +91 7506094898**  
**BJ Wadia Hospital: +91 8657205174**

**Hume School: +91 9930385114**  
**MGM Hospital: +91 9930386610**  
**Kalyan: +91 9930386711**  
**Govandi: +91 9324892207**